

## RIGHTS LIST FALL / WINTER 2017-2018



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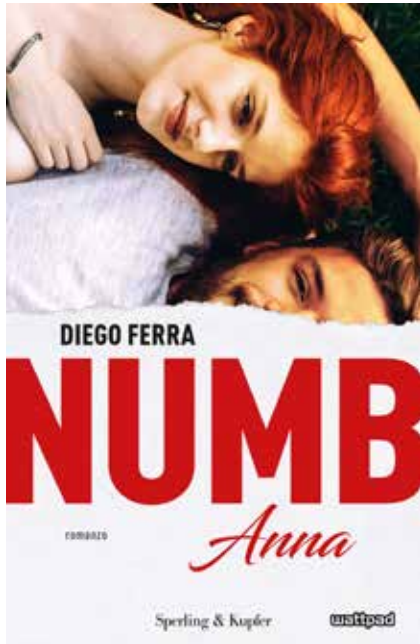
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Sperling & Kupfer

FICTION

## DIEGO FERRA NUMB



Publishing date: September 19<sup>th</sup> 2017  
Pages 288

**IN A TRILOGY, THE ROMANCE ALREADY Hugely Popular on Wattpad and in Readers' Hearts, with over 1 million three hundred accesses**

Women readers have fallen head-over-heels in love with Diego Ferra's intense, incisive and powerful style. For months his *Numb* series topped the «Love Stories» rankings on Wattpad, and its over 1 million 300 accesses earned it the annual **Wattys Award** for the best and most popular story published on the platform. Now it is finally available in bookshops in a new and revised edition.

### NUMB – ANNA

**“WE NEVER END UP IN SOME PLACE BY HAZARD. WE ARE ALWAYS WHERE WE NEED TO BE”**

The airport parking lot is a sea of cars glinting in sun and its halls are crowded with passengers hurriedly carrying their trolleys about. A plane takes off, filling the air with its deafening noise.

Anna was seven the last time she visited her grandmother Evelin in England. Now she is eighteen and a little nervous. For the first time ever she is travelling on her own.

And this won't be just an ordinary summer vacation. Anna has been accepted at the Magdalene College in Cambridge and her whole life is about to change – a new house, new friends, a whole world yet to be discovered. Anna has planned everything down to the last detail. But there's still a blank space in her daily planner, alongside her meticulous notes on timetables, courses and seminars. And soon it will be filled with Nicola's name and with the mystery of his riveting gaze. As well as with the River Cam, whose slow, soothing progress will follow Anna's, reminding her we are always where we need to be.

Anna feels utterly unprepared for all of this. A whole universe of unknown experiences is in store for her.

As well as the discovery of an utterly new emotion – love.

*«Why did you ask if I'm coming to the concert?»  
As I watch his slow approach I flatten my back against the window.  
And then he is standing right in front of me and rests his hand on the wall, just beside my head.  
«Because you remind me... of her.»*

**IN THE BEST-SELLING LIST IMMEDIATELY AFTER PUBLICATION!**

**Diego Ferra is a revelation. His writing is brilliant and poetical, with a masterful use of cadence and just the right dose of metaphors and similes.**

**The style of young authors is rarely this mature. Numb is a true find.**

**Some books are just unforgettable and Numb Anna is one of these. A story that goes straight to the heart, moving the reader and capturing his or her attention through the inner beauty of characters and the sensitivity and depth of their portraits.**

## NUMB – NICOLAS

**«I CAN FEEL IT. I CAN FEEL MY HEART REBELLING.»**

Even the best-concealed lie finds ways to come to the surface. Anna knows it well as pulling her coat tighter against the cold she walks among snow-capped elms in the unnatural light cast by the River Cam. Because Cambridge has changed now that Nicolas is no longer running in its busy streets.

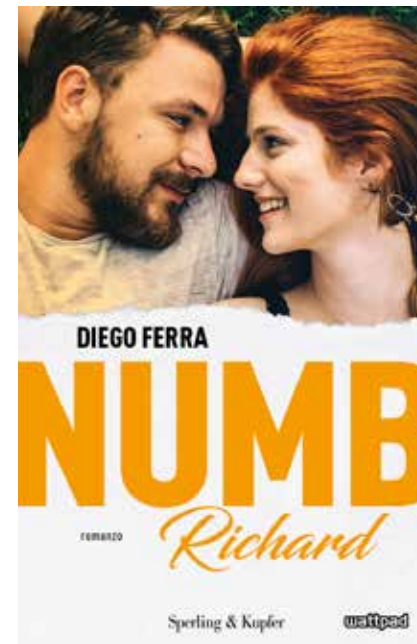
Anna holds in her hands the portraits that Nicolas drew of her and waits. She waits for Nicolas to come back and bring with him all their times together. She waits for him to come home. Back to her.

And when he finally does, Nicolas will discover that no matter how far he travels he can never distance himself from his pain. For his pain is still there, tattooed on his very skin, along with the people he has tried to leave behind – his brother, Richard, seeking redemption; Anna, who never stopped thinking about him; Carol, ready to teach him that you can always pick yourself back up, even from the most painful of falls.

*«I need distance.  
And I am afraid of the kilometers I will put between us.  
I have filled my pockets with all our times together.  
I will leave one every step of the way, and pick them up again when I return.  
So I can never forget.»*



Publishing date: October 10<sup>th</sup> 2017  
Pages: 276



Publishing date: November 21<sup>st</sup> 2017  
Pages: 288

### NUMB – RICHARD

Prequel – how it all began.

Nicolas and Richard are polar opposites. Like night and day, black and white. Nicolas is elusive and reserved, Richard outgoing and sociable. Yet the same blood is running through their veins. And they both carry Caroline in the hearts.

Lonely, fragile and looking for solid ground, Caroline has fallen in love with Nicolas's reserve and Richard's panache, tying herself up in a knot of feelings, smiles and laughter that will lead her along unexplored paths where few dare to tread.

**DIEGO FERRA** is the child of two countries and two different languages, with an Italian father and an English mother. An innately talented bass-player and a traveller by vocation, he started writing on a hot summer day, on August 23rd. After he typed the first word on his cellphone screen many others followed. That was how he wrote his first trilogy, *Numb*, earning over 1 million 300 hundred accesses on Wattpad.

**SVEVA CASATI MODIGNANI**  
**DIECI E LODE**  
 A-plus

**LORENZO AND FIAMMA: TWO LIVES, ONE DESTINY**

We spend so much time chasing dreams always slipping through our fingers, an ever elusive happiness, only to find that sometimes the best in life comes to us of its own accord, in the magic of a chance encounter. Like the encounter of Lorenzo and Fiamma, who stumbled into each when neither one, perhaps, thought it possible to fall in love again.

Lorenzo Perego is a fascinating, well-educated gentleman, and a teacher of economic geography in a vocational school of Milan. He could have chosen a more prestigious school. Actually, he could have given up work altogether, to lead a life of ease with his family fortune. But he loves teaching, and helping out talented kids coming from poorer and sometimes broken homes is a challenge that fills him with enthusiasm and a true sense of purpose. He never had a family of his own, and his students, as he is fond of saying, are his true children.

Fiamma Morino is in her mid-forties, has two daughters she dotes on, though her marriage fell apart, and works as editorial manager of a small but flourishing publishing house she co-founded with her best friend, of whom she still mourns the untimely passing. Now the publishing house is going through a radical change in management, opposed by Fiamma right from the start, and she is determined to protect it at all costs, and keep surrounding her authors with the same level of care and devotion they always enjoyed in her capable hands.

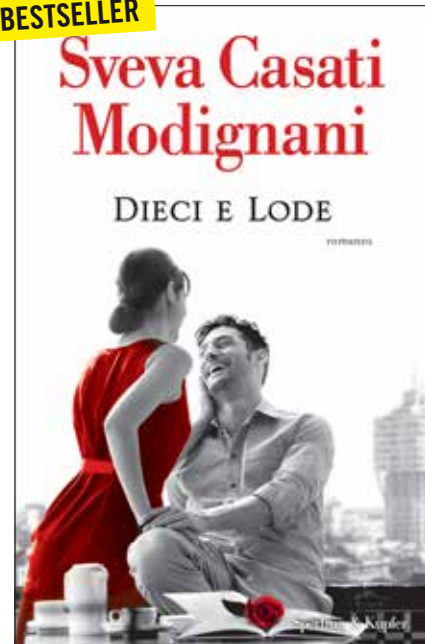
Through the main characters of her new novel, Sveva honors those resourceful and honest individuals who won't flinch in the face of hard work, however dark the times and threatening the changes.

The novel follows the life-story of both characters up until their fateful encounter – brought about by yet another book! – and the unexpected love-affair that will make up for the many disappointments and hardships, the blunders and mistakes of the past, to finally present them with a new life in which Lorenzo and Fiamma too will experience the light touch of a truly deserved happiness.

- ✓ **35 YEARS OF SUCCESS.**
- ✓ **24 LONGSELLING NOVELS.**
- ✓ **OVER 10 MILLION COPIES SOLD.**
- ✓ **TRANSLATED IN 20 COUNTRIES.**

**Foreign Sales** PORTUGAL Porto Editora

**BESTSELLER**



Publishing date: October 4, 2016  
 Pages: 516

**SVEVA CASATI MODIGNANI**  
**FESTA DI FAMIGLIA**  
 Family dinner

**A YOUNG WOMAN FACING THE MOST IMPORTANT DECISION OF HER LIFE WITH THE HELP OF HER REAL FAMILY – FOUR TRIED AND TESTED GIRLFRIENDS**

It's almost Christmas. In an already decorated Milanese restaurant the manager is ready to welcome her usual Thursday guests. Andreina, Carlotta, Gloria and Maria Sole – four friends, four young women who reserve that one evening a week to catch up and confide in one another. Two are single, two in a relationship. All four are haunted by problems of the heart – so-so love stories, men who promised the world and made princely gifts and then either vanished, or turned chauvinistic slobs who think kitchen appliances are all that's needed to make a woman happy.

On this particular Thursday there's a birthday celebration in store. But also an unforeseen piece of news. Andreina is pregnant. Who would have thought it could happen to her? She was the most unlikely candidate of them all, content as she was with her life as a single career woman and utterly unprepared for the choice of love she will now have to make. «Don't even think of having a baby without a husband» her mother always said. For she herself had raised her daughter as a single parent, and at a time when unwed mothers faced social ostracism and huge sacrifices. Andreina belongs to a different, more liberated and uninhibited generation, and yet she feels lost at the thought of raising a child on her own. But she knows one thing. Whatever choice she will make her friends will stand by her, just like a real family.

A fresh, sparkling new novel about the lives of modern-day women, their dreams, their vulnerabilities, their new great expectations and their age-old doubts. A story of true values and loves – the ones that really make you feel at home.

**SVEVA OFFERS US FOUR NEW PROTAGONISTS, FOUR WONDERFUL PORTRAITS OF TODAY'S WOMEN, WITH ALL THEIR FEARS AND DREAMS.**

Italian best-selling author **SVEVA CASATI MODIGNANI** is the pen-name for one of the most beloved contemporary Italian authors. She has always been living in Milan, a town she is deeply affectionate with and which has become the setting of many of her novels. This is her twenty fifth work with Sperling & Kupfer.  
[www.svevacasatimodignani.it](http://www.svevacasatimodignani.it)



Publishing date: October 17<sup>th</sup> 2017  
 Pages: 196



## SVEVA CASATI MODIGNANI BACKLIST

## ANNA DAGLI OCCHI VERDI – 1981

**Foreign Sales** BULGARIA Zebra, GERMANY Weitbrecht, RUSSIA Eksmo, GERMANY PAPERBACK Goldman, HUNGARY Ifjusagi Lap-es, ROMANIA Gebimex, TURKEY Epsilon, ALBANIA Botimet Dudaj, ROMANIA Nemira  
**Prizes** PREMIO SELEZIONE BANCARELLA 1982  
**Television movie** by RAI

## IL BARONE – 1982

**Foreign Sales** BULGARIA Zebra, GERMANY Weitbrecht, GERMANY PAPERBACK Goldman, HUNGARY Ifjusgi Lap-es, RUSSIA Eksmo, ALBANIA Botimet Dudaj, PORTUGAL Porto  
**Television movie** directed by A. Fracassi starring Ron Moss and Shari Shuitack

## SAULINA –1983

**Foreign Sales** GERMANY Weitbrecht, GERMANY PAPERBACK Goldman, RUSSIA Eksmo  
**Prizes** PREMIO SELEZIONE BANCARELLA 1984

## COME STELLE CADENTI – 1985

**Foreign Sales** GERMANY Weitbrecht, GERMANY PAPERBACK Goldman, RUSSIA Eksmo, ROMANIA Gebimex, BULGARIA Abagar, ALBANIA Botimet Dudaj, SERBIA Evro Giunti

## DISPERATAMENTE GIULIA – 1986

**Foreign Sales** GERMANY Weitbrecht, GERMANY PAPERBACK Goldman, FRANCE Belfond, Hungary Ifjusagi Lap-es, CZECH REPUBLIC Odeon, SLOVAKIA Tatran, POLAND Wydawnictwo Ksiaznica, RUSSIA Eksmo, BULGARIA Abagar, ROMANIA Gebimex, ALBANIA Botimet Dudaj, BRAZIL Record, PORTUGAL Porto, SERBIA Evro Giunti  
**Prizes** PREMIO SELEZIONE BANCARELLA 1987  
**Television series** by CANALE 5

## DONNA D'ONORE – 1989

**Foreign Sales** GERMANY Weitbrecht, GERMANY PAPERBACK Goldman, FRANCE Belfond, CZECH REPUBLIC Nase Voisko, SLOVAKIA Praca, BULGARIA Boncomers, BRAZIL Nova Cultural, POLAND Wydawnictwo Ksiaznica, HUNGARY Ifjusagi Lapes, ROMANIA Gebimex, RUSSIA Eksmo, TURKEY Dogan, LATVIA Kontinents, ALBANIA Botimet Dudaj, PORTUGAL Porto  
**Television movie** directed by Ciro Ippolito, starring Carol Alt

## E INFINE UNA PIOGGIA DI DIAMANTI – 1989

**Foreign Sales** GERMANY Weitbrecht, GERMANY PAPERBACK Goldman, CZECH REPUBLIC Danubia Press, SLOVAKIA Danubia Press, RUSSIA Eksmo, HUNGARY Maecenas, PORTUGAL ASA II, ALBANIA Botimet Dudaj

## LO SPLENDORE DELLA VITA – 1991

**Foreign Sales** GERMANY Weitbrecht, GERMANY PAPERBACK Goldman, HUNGARY Ifjusagi Lap-es, RUSSIA Eksmo, ROMANIA Gebimex, ALBANIA Botimet Dudaj, PORTUGAL Porto

## IL CIGNO NERO – 1992

**Foreign Sales** GERMANY Weitbrecht, GERMANY PAPERBACK Goldman, RUSSIA Eksmo, HUNGARY Maecenas, BULGARIA Hermes, ROMANIA Nemira, ALBANIA Botimet Dudaj

## COME VENTO SELVAGGIO – 1994

**Foreign Sales** GERMANY Weitbrecht, GERMANY PAPERBACK Goldman, RUSSIA Eksmo, HUNGARY Maecenas

## IL CORSARO E LA ROSA – 1995

**Foreign Sales** GERMANY Ullstein + Bertelsmann club, BRAZIL Circulo du Livro, RUSSIA Eksmo, ALBANIA Botimet Dudaj

## CATERINA A MODO SUO – 1997

**Foreign Sales** GERMANY Ullstein, BULGARIA Hermes

## LEZIONE DI TANGO – 1998

**Foreign Sales** GERMANY Ullstein, CZECH REPUBLIC Euromedia, SLOVAKIA Ikar, Hungary Maecenas, LATVIA Kontinents, PORTUGAL ASA II, ALBANIA Botimet Dudaj, PORTUGAL Porto

## VANIGLIA E CIOCCOLATO – 2000

**Foreign Sales** GERMANY Ullstein, GREECE Primus, RUSSIA Eskmo, TURKEY Epsilon, CZECH REPUBLIC Euromedia, SLOVAKIA Ikar, SLOVENIA Presernova Druzba, CROATIA Leo Commerce, SPAIN Salamandra, LATVIA Kontinents, POLAND Ksiaznica, LITHUANIA Vaga, BRAZIL Record, ROMANIA Nemira, SERBIA Evro Giunti, HUNGARY Maecenas, PORTUGAL Porto, ALBANIA Botimet Dudaj  
**Movie** directed by Ciro Ippolito starring Mariagrazia Cucinotta and Joaquín Cortés

## VICOLO DELLA DUCHESCA – 2001

**Foreign Sales** GERMANY Ullstein, GREECE Harlenic Hellas, PORTUGAL Porto, FRANCE Presses de la Cité, ALBANIA Botimet Dudaj  
**English chapter available**

## 6 APRILE '96 – 2003

**Foreign Sales** GERMANY Ullstein, GREECE Harlenic Hellas, TURKEY Everest, GERMANY book club rights Bertelsmann, ALBANIA Botimet Dudaj, SLOVAKIA SPN, RUSSIA Meshcheryakov, BRAZIL Texto, PORTUGAL Porto

## QUALCOSA DI BUONO – 2004

**Foreign Sales** PORTUGAL ASA II, HUNGARY Maecenas, BULGARIA Era, RUSSIA Meshcheryakov, SERBIA Evro Giunti , BRAZIL Texto

## ROSSO CORALLO – 2006

**Foreign Sales** PORTUGAL ASA II, ROMANIA Nemira, LITHUANIA Vaga, ALBANIA Botimet Dudaj, BULGARIA Era, SERBIA Evro Giunti

## SINGOLARE FEMMINILE – 2007

**Foreign Sales** PORTUGAL Porto, ROMANIA Nemira, TURKEY Epsilon, SLOVAKIA SPN, BRAZIL Record, ALBANIA Botimet Dudaj

## IL GIOCO DELLE VERITÀ – 2009

**Foreign Sales** PORTUGAL Porto, SERBIA Evro Giunti, ROMANIA Nemira, BRAZIL Record

## MISTER GREGORY – 2010

**Foreign Sales** PORTUGAL Porto, SERBIA Evro Giunti, CROATIA Lumen

## LÉONIE – 2012

**Foreign Sales** PORTUGAL Porto, GERMANY Diana (Random House), FRANCE City Editions, SPAIN Principal de los libros, SERBIA Evro Giunti, ALBANIA Botimet Dudaj  
**Prizes** winner of the 2012 BRIANZA AWARD, 2012 PADUA BOOKSELLER AWARD and FEDERICO FELLINI LITERARY PRIZE  
**English text available - MOVIE RIGHTS OPTIONED!**

## PALAZZO SOGLIANO – 2013

**Foreign Sales** PORTUGAL Porto, FRANCE City Editions, SERBIA Evro Giunti, ALBANIA Botimet Dudaj, POLAND Proszynski Media  
**Prizes** winner of the WOMEN'S FICTION FESTIVAL- **MOVIE RIGHTS OPTIONED!**

## LA VIGNA DI ANGELICA – 2015

**Foreign Sales** PORTUGAL Porto, ALBANIA Botimet Dudaj

## SHORT NOVELS

## UN AMORE DI MARITO – 2011

## LA MOGLIE MAGICA – 2014

## SIMONE RICCIONI, JONATHAN ARPETTI

## TIRO LIBERO

## Free throw

**THIS IS THE STORY OF TWO VERY DIFFERENT YOUNG PEOPLE.  
 THE STORY OF DARIO, WHO THOUGHT HE HAD IT ALL.  
 THE STORY OF ISABELLA, WHO WAS AFRAID SHE WOULD LOSE EVERYTHING.**

**IT'S A LOVE STORY: BASED ON A TRUE STORY AND AS REAL AS A FAIRY-TALE.**



Publishing date: September 19<sup>th</sup> 2016

Pages: 276

*Da-rio! Da-rio!...* The fans' chant is still ringing in his years. But it's night now, and the young basketball champion has a different victory in mind – winning over the most beautiful girl in the club.

He knows he can be irresistible, yet he asks his sister about the girl before trying to chat her up. Because the girl really looks special. She's brilliant. Her name is Isabella. That's all he needs to know. Now he'll go over, flash his trademark smile, and take her home. But she leaves even before he makes the first step, and the whole evening goes downhill from there.

It's just the first taste of the way destiny can turn into a curse, especially when you're arrogant enough to defy it. In just a few days, Dario's charmed life takes a whole different turn. It's like someone wants to teach him a lesson.

But a Someone with almighty powers of imagination and a boundless sense of justice, who once more has Dario cross paths with the one woman who could really change his soul.

Based on a true story, Tiro libero is the story of a young man struggling with a terrible disease that will fill him with fear and rage until he finds a new reason to fight. Love.

**A STORY THAT WILL HAVE NO HAPPY END UNTIL THE PROTAGONIST LEARNS TO LOVE OTHERS BESIDE HIMSELF.**

**THE STORY OF AN ILLNESS THAT TARGETS THE BODY TO HEAL THE SOUL.**

**A STORY OF SPORT AND DISABILITY TO DISCOVER THE TRUE WINNERS IN LIFE.**

**A MOVIE TIE-IN WORK BASED ON *TIRO LIBERO*-THE FILM**

**SIMONE RICCIONI** is an actor and screenwriter. He made his cinema debut in *Universitari*, by Federico Moccia, and then went on to star in several other Italian films and television productions. His role in *Come saltano i pesci* earned him the award for best new male actor at the Gold Elephant World Festival.

**JONATHAN ARPETTI** made his debut as novelist with *Fino alla fine del mondo*, and with I Love Ju was nominated Best new author at Salone del Libro in Torino in 2010. He is the founder of the collective writers' site *Collettivoldra.com* and organizer of the *Scrivere Festival* in Recanati. In 2016 he published *Come saltano i pesci*, written with Simone Riccioni, the novel of the film by the same title.

## SAVERIO TOMMASI SIATE RIBELLI, PRATICATE GENTILEZZA

Be a rebel – practice kindness



Publishing date: September 5<sup>th</sup> 2017  
Pages: 216

«DO GROW UP, MY DAUGHTERS, BUT STAY CHILDREN AT HEART. AND DON'T MIND THOSE WHO THINK YOU SHOULD NEVER DREAM DANGEROUSLY.»

«A car pilot loses one second for every child he has» said Enzo Ferrari.

Words of wisdom. What they mean is that as a parent you have more than just yourself to think of, and that changes the way you measure your success. Children provide a unique opportunity to take a really hard look at yourself. Your identity, beliefs, goals are not just about you. You become more responsible in everything you do.

When Caterina and Margherita (4 and not quite 2, respectively) were born, Saverio stopped thinking of his job – telling stories with images and words – as just work. It became a way of looking at the world his daughters will also have to live in, knowing the choices he makes today will deeply impact them tomorrow.

In his letter to his daughters, in between hideous looking baby-foods and diaper changes at high altitude, huge mistakes and tender moments, Saverio deals with the topics closest to his heart – tolerance, the protection of the vulnerable and the marginalized, the fight for equality, the rejection of racism and fascism in any form, the dangers of the Net.

With great immediacy, in a passionate and occasionally irreverent style, Saverio offers a parent's most precious gift – he lowers all defenses and honestly talks about himself.

*«It takes guts, my daughters,  
to stand up when others remain seated.  
To take the untrodden path. To burst out laughing when others are keeping a straight face.  
To change the conversation. To dress in mismatched colors.  
To walk a hundred steps to recycle a scrap of paper.  
To write the title before the thesis.  
To say yes to a date without checking your daily planner.  
To read a book on the subway. To wear a helmet. To smile.»*

**SAVERIO TOMMASI** was born and lives in Florence. A graduate of the Bologna Drama Academy he has worked in the theatre for almost ten years. Among other things, he has produced *La mafia (non) è uno spettacolo*, written with Piero Luigi Vigna. His work *Uguali a chi? Omocausto, un dramma dimenticato* won the Florence Award for cultures of peace dedicated to Tiziano Terzani. He is a reporter for Fanpage.it, a hugely successful news site. His videos deal with the most pressing and sensitive present-day topics. He always stands for the neglected, those in need of a voice to tell their story. He is committed to information and justice. His Facebook page has over 500.000 followers.

[www.facebook.com/SaveTommasi](https://www.facebook.com/SaveTommasi)  
[youmedia.fanpage.it/user/SaverioTommasi](https://youmedia.fanpage.it/user/SaverioTommasi)

## GUIDO MARANGONI ANNA CHE SORRIDE ALLA PIOGGIA

Anna who smiles at the rain



Publishing date: September 19<sup>th</sup> 2017  
Pages: 204

THE MOVING AND TRUE STORY OF A FAMILY WHO THROUGH TEARS AND LAUGHTER MANAGES TO FACE LIFE WITH RENEWED OPTIMISM AND CONFIDENCE

YOU WILL IRREPARABLY FALL IN LOVE WITH ANNA AND HER FAMILY

Just one hour had passed since Daniela's pregnancy test, and already Guido had set up a basketball loop in the yard. «It's a boy, I know it!» Having already two lovely daughters in the family, Guido felt a boy was just the thing to balance things out in the family. As for Daniela, gender was the last thing on her mind. It was the baby's health she was worried about. Your priorities change after life has put you the test.

And then came the pear juice episode. A few sips to raise the mom's sugar levels and wake the little one up, so it would strike the best pose for the ultrasound. That was when Guido realized he had to brace himself. Because everything was about to change.

But when the doctor bluntly said, «trisomy 21», he also realized something else. Guido understood Daniela was way ahead of him. «A boy or a girl?» she simply asked, leaving him (and the doctor) stunned once more. Because that was all that mattered now.

All Daniela wanted now was to get to know better the child who would bring new joy to the family. Anna was the good news they had been waiting for.

BECAUSE WHEN YOU FACE YOUR FEARS THEY TURN INTO COURAGE

*Finally I had met Anna.  
The sun was just dawning but inside the full light of day was already shining.*

*Never before had I seen so clearly that the real truth is in differences.  
It's funny how flattered we feel when people tell us we are «unique»  
and offended when they say we are «different».  
When in fact it's the exact same thing.*



**GUIDO MARANGONI** was born and lives in Padova. He is an IT engineer specializing in app development and the online protection of children, teaching seminars and workshops for kids, teachers and parents. In 2015 he was on TEDx with a talk on *The power of fragility* and in May of the same year opened a Facebook page – *The good news according to Anna* – to challenge clichés on Down syndrome with humor and spread a more positive and constructive approach to disability. Always putting the person first.

<https://www.facebook.com/BuoneNotizieSecondoAnna/>







Publishing date: September 12<sup>th</sup> 2017  
Pages: 336

## CLAUDIO PELIZZENI OGNI GIORNO L'ORIZZONTE UN PO' PIÙ IN LÀ

12 Miles from happiness  
Every day one step closer to the horizon

**1000 DAYS, 5 CONTINENTS, 44 COUNTRIES**

**“REACHING FOR YOUR DREAMS IS WHAT MAKES LIFE TRULY EXCITING. I HAVE CHOSEN TO STAND FOR DREAMS AND FOUND HAPPINESS.»**

Claudio is in his early thirties and is living a seemingly perfect life. He has a girlfriend and a wide circle of friends, and through his high-paying job in a bank he can afford an expensive house and whatever luxury his heart desires.

Yet Claudio feels numb and begins to question himself. All his life he has followed a path set out by others without ever wondering what it was he wanted. And now the endless parade of unchanging days is strangling him, suffocating his will to live.

Until one night, while looking at the sunset, he feels a new self-awareness and makes a decision. He quits his job and starts off on a journey, leaving everything behind. Because that's always been his one true love – travelling.

Travelling to widen his horizons in a world that had been shrinking all around him. Travelling to overcome the barriers of the mind and the limits of the body – diabetes, for instance, a disease he has been struggling with since he was nine years old. Travelling without ever boarding a plane, so as to truly experience the boundaries that separate peoples and cultures, to long for what lies beyond and to finally to cross over. Traveling slowly, «to savor the journey in all its mishaps, discoveries and surprises, letting yourself go to the currents of the universe».

**AFTER THE SUCCESS OF SELF PUBLICATION,  
A NEW EDITION ENRICHED WITH MAPS AND PHOTOGRAPHS!**

**THIS IS THE STORY OF A DREAM COME TRUE, THE ADVENTURE THAT STARTED A NEW LIFE. A ONE THOUSAND DAY JOURNEY, ACROSS FIVE CONTINENTS AND FORTY-FOUR DIFFERENT COUNTRIES. BUT ALSO A JOURNEY WITHIN TO FINALLY FACE FEARS, ADMIT WEAKNESSES, DISCOVER UNEXPECTED STRENGTHS. IN DEEP COMMUNICATION WITH THE SECRET INNER VOICE WHICH ALWAYS KNOWS THE RIGHT DIRECTION IF ONLY WE CHOOSE TO LISTEN.**

*I had always dreamt of frontiers, those imaginary lines separating peoples and cultures. Just the thought of reaching and crossing them, to finally see what lay beyond, set my soul on fire.*

*For days and days the horizon remains the same, except for the waves and shades of the sea. I look and look, at all hours of the day, and there it is, unchanged – a straight line between the sea and the sky. «Captain, how far is the horizon?» «The horizon is a relative concept. It all depends. It's about four miles at sea level. From where we stand, on the main deck, it's about twelve miles.»*

*Twelve miles from happiness.*

*Such a strange idea, the horizon. I'm sure there's mathematics to measure it, but I prefer to think of it differently. We each have our own. The horizon is a relative concept. Unreachable. Utopic. A shadow. Most of the time, you don't even see it. Every day it moves a little further away.*

**CLAUDIO PELLIZZENI** grew up in Piacenza. After graduating in Business, Economics and Financial markets, he worked for almost ten years in several banks in Milan before quitting to take a trip around the world. As he was travelling he launched his blog, Trip Therapy and his adventure took the Net by storm. On the cargo ship taking him from Australia to North America he started writing his book, L'orizzonte, ogni giorno un po' più in là, which he self-published to an immediate, resounding success on his return, in February 2017. He defines himself a bank employee by chance, a traveller by vocation.



Publishing date: May 23<sup>th</sup> 2017  
Pages: 276

## NICCOLÒ ZANCAN L'UNDICESIMO COMANDAMENTO

The eleventh commandment

**WHAT IF EVERYTHING YOU HAD ALWAYS DREAMED OF TURNS OUT NOT BE WORTH IT?**

Andrea Marai is an ambitious reporter. Passionate, deceitful and in deep trouble, he has lost his best friend and is stuck in a hopeless marriage. By a stroke of luck he writes the perfect interview and wins the most sought after journalistic award. And right there on the stage, on the very day of his triumph, he falls apart and his body turns against him – everything goes black and blurry. There follows a daring escape to the seaside and towards a different life. Perhaps Andrea seeks to find himself. Or he's looking for something new.

A novel on performance neurosis, success and connectedness. And on the need to leave behind the life you're trapped in to find something true, and rediscover the importance of solitude and silence.

*I was born fairly well-off in the lucky hemisphere of the planet.  
I was expected to earn well, to love and be happy,  
yet no-one had actually taught me how to do that.  
It was the eleventh commandment.  
The one and only I felt truly belonged to me.*

**A BOOK ON DOWNSHIFTING, ON SACRIFICING SUCCESS TO GAIN A MORE AUTHENTIC LIFE,  
ON THE REDISCOVERY OF SOLITUDE AND SILENCE AS A WAY OUT OF THE RAT RACE.**

**NICCOLÒ ZANCAN** was born in Turin in 1971. He has worked as a journalist since he was 23, first for *Repubblica* and now as correspondent for *La Stampa*. He specializes in gritty reports on crime and social marginalization. In 2016, his previous novel, *Ti mando un bacio* was the recipient of the Premio Mediterraneo – Fondazione Carical Award.

**BACK LIST** **TI MANDO UN BACIO** – I send you my love – 2015  
**Prizes** Premio Mediterraneo (Carical Award)

**SERGIO BAMBARÉN**  
**STORIA DELLA PICCOLA VOLPE CHE MI INSEGNÒ IL PERDONO**  
 The tale of the little fox from whom I learned forgiveness

*The Universe never sets you a difficult task  
 without also providing the means to accomplish it.*

**A PARABLE INVOKING A RETURN TO NATURE AND TO A UNIVERSAL UNDERSTANDING, EMBRACING ALL LIVING CREATURES.**

Striking a perfect balance between spiritual and environmental awareness, Bambarén has written a captivating tale about the wildlife while at the same time denouncing the risks threatening the planet. Protagonist of the story is a fox the author called Chiqui (short for Chiquita, “little one”). The fox and the author strike up a friendship, and the silent communication flowing between them is both a clear indictment of humankind for its wanton destruction of the planet and a last chance for hope, through the brotherhood with all living creatures. Chiqui is surrounded by other small animals, from a crab to a dolphin, from an anteater to a nightingale, all of them coming together as a small family.

A true story and a declaration of love and respect for our neighbors, whatever their species.

**SERGIO BAMBARÉN:**  
**22 TITLES – 2 MILLION COPIES SOLD**

*«For those who don't know her yet, I would like to introduce the protagonist of this story. Chiqui is a small fox that came into my life when I decided to leave behind the hectic pace of a society I was more and more feeling estranged from. Time flies when you start living according to your dreams, so I find it hard to believe it's been three years already. Chiqui's strength in facing life's challenges taught me invaluable lessons. But most of all, Chiqui welcomed me inside her world and within her circle of friends, and what I learnt by following her and by discovering what she knew - and I didn't - put me on the right track for a wonderful new adventure. Since then I have devoted all my energies to protecting creatures who can't do so on their own, and to spreading among my fellow humans the awareness of the harm we are inflicting on the home we all share – Earth. I sincerely hope that you too, my dear friends, may learn from Chiqui as I did, and commit yourselves to environmental protection.»*

*Sergio Bambarén*

**SERGIO BAMBARÉN** is a Peru-born Australian living in the United States. An accomplished surfer and environmentalist fighting for the protection of the sea, he is the author of several successful books, first and foremost *The dolphin*, a true cult-book. Bambarén is actively committed to the defense of the planet and regularly travels to Europe to meet his readers in what he calls his Dreamer's tour.



Publishing date: 4 aprile 2017  
 Pagine 112

**THE NEW TITLE BY SERGIO BAMBARÉN IS  
 A BOOK DEDICATED TO OUR BROTHERS  
 – THE ANIMALS - AND ASKING FOR THEIR  
 PROTECTION.**

**PAOLO CAMMILLI**  
**CONTA FINO A DIECI**  
 Count to ten

**A THRILLER PLUMBING THE DEPTHS OF THE PROVINCE**

**AN INNOCENT GAME. TWO MISSING CHILDREN. A TRUTH HIDDEN INSIDE A BOTTOMLESS PIT. AND PERHAPS BEST LEFT THERE.**

**A DISTURBING NEW NOVEL BY PAOLO CAMMILLI**

At Cielo Rosso [Red Sky], a housing project in the Southern outskirts of Catania, two children go missing. They've disappeared during a game of hide-and-seek. Just like ten years ago, when a five-year old girl vanished during the same game, and was found dying.

So many families live within the cement walls of those huge buildings, and yet no-one saw, no-one seems to know anything. Or rather they all keep their mouths shut out of fear and poverty. Because the case spells trouble, one of the kind best forgotten.

An inquest begins, but the procedure is slow, meandering into one blind alley after the next. And the case grows as cold as the iron railing rusting on the buildings' galleries.

Oscar Baldisserri, a down and out forty-five year old dropped smack dab into the squalor of those cement walls, is the only one asking questions. Because so much violence and resignation, with not a flicker of hope for the future, are inconceivable for someone who is not born and bred in Cielo Rosso.

*Conta fino a dieci* is not just a thriller. It's a fine thread silently linking cowardice to redemption, revenge to forgiveness, darkness to a searing ray of sun. But most of all it is the powerful and inspiring story of a man who, pushed to the margins of life to hunt a killer, will end up finding himself.

**PIETRO, DILETTA, SALVATORE, ROSA, NINO, FORTUNATO.  
 SIX CHILDREN JOINED IN AN IMPERFECT CIRCLE. AS IF TRYING TO PROTECT THEMSELVES.  
 THE OLDEST IS SEVEN, THE YOUNGEST FOUR AND A HALF.**

**WHEN YOU'RE THAT AGE, A GAME OF HIDE AND SEEK IS SERIOUS BUSINESS.  
 IF YOU'RE "IT" YOU'RE ON YOUR OWN, BUT IF YOU HIDE YOU MUST FACE THE DARKNESS.**

**WHEN YOU'RE THAT AGE DEATH HAS NO REALITY.  
 YOU COULDN'T FIND IT EVEN IF YOU WENT LOOKING FOR IT.  
 BUT YOU CAN PLAY WITH IT.**

**WHEN YOU'RE THAT AGE THE SUN SHINES LIKE THERE'S NO NIGHT.  
 AND YET...**

**PAOLO CAMMILLI** was born in 1974 in Florence where he lives and works. After his debut novel, *Maledetta Primavera* [Doomed spring], a literary case and word-of-mouth bestseller, *Io non sarò come voi* [I won't be like the rest of you] was further proof of his gift for captivating readers. *Conta fino a dieci* is his third, much-awaited new novel.



Publishing date: June 20th 2017  
 Pages: 336





Publishing date: May 2, 2017  
Pages 240

**COSTANTINO D'ORAZIO BRILLIANTLY BLENDS HIS TALENTS AS ART CONNOISSEUR AND STORYTELLER WITH HIS GIFT FOR SUSPENSE AND PSYCHOLOGICAL INSIGHTS.**

## COSTANTINO D'ORAZIO MA LIBERACI DAL MALE

But deliver us from evil

**A BRILLIANTLY DEvised PLOT, SUSPENDED BETWEEN ART AND FICTION, SPIRITUALITY AND LEGEND**

**AN ENIGMA ROOTED IN ONE OF THE DARKEST CORNERS OF HISTORY AND THE HUMAN SOUL**

**THE SPELL OF ONE OF ROME'S MOST MYSTERIOUS MOMENTS**

It's the break of dawn, and a young woman is enjoying for the last time the breathtaking beauty of Rome's monuments, the light drizzle, the leering looks of a mock centurion about to begin his performance for the day. In just a few hours she too will don different clothes, take on a new role and, soon enough, a new name. Her choice is not inspired by a deep faith but by the search for peace, which she believes awaits her in the seclusion of a convent. There life will just drift smoothly by. No more problems, stumbling blocks, fears.

But contrary to her expectations, within the thick walls of the monastery of the SS Quattro Incononati Virginia finds herself surrounded by disquieting omens. The nuns suffer from inexplicably illnesses. Their eyes are swollen, their hands concealed by white gloves. It seems the truth is hidden in an inner chamber of the convent. The community denies its very existence, but Virginia, alongside a young art critic, is determined to find it all costs. It is the ancient Aula Gotica (The Gothic Room), which at the time of Inquisition was the site of unmentionable rituals...

**ENGLISH EXCERPT AVAILABLE!**

**A NOVEL SET IN ONE OF THE MYSTERIOUS SITES IN ROME – THE GORGEOUS AULA GOTICA, WITHIN THE COMPLEX OF THE SS. QUATTRO CORONATI BASILICA.**

**ITS AMAZING FRESCOS, DISCOVERED ONLY A FEW YEARS AGO, HAVE EARNED IT THE APPELLATION OF "SISTINE CHAPEL OF THE MIDDLE AGES", AND HAVE SHED A TOTALLY NEW LIGHT ON THE ART OF THE TIME, RESTORING ROME TO ITS CRUCIAL ROLE IN THE ELABORATION OF A NEW PICTORIAL LANGUAGE.**

**COSTANTINO D'ORAZIO** is an art historian and curator at MACRO, the Museum of contemporary art in Rome. He is the author of authoritative art essays as well as the collaborator of major newspapers and television productions. With Sperling & Kupfer he has published *Caravaggio segreto*, *Leonardo segreto*, *Raffaello segreto*, *La Roma Segreta* del film *La Grande Bellezza* and *The Great Beauty of Rome*, *Michelangelo. Io sono fuoco*. This is his first novel.

### BACK LIST

**CARAVAGGIO SEGRETO** – Caravaggio revealed – 2013

**Foreign Sales** **TURKEY** Dedalus (Kalem Agency), **JAPAN** Kawade Shobo Shinsha

**Prizes:** Città delle rose 2014, PREMIO ROMA 2014

**LEONARDO SEGRETO** – Leonardo revealed – 2014

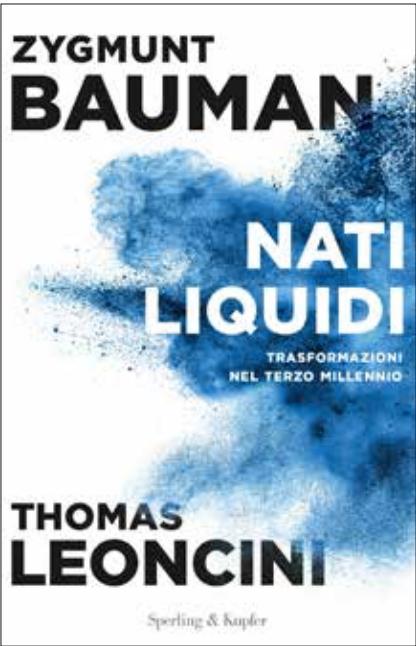
**Foreign Sales** **ROMANIA** Corint, **JAPAN** Kawade Shobo Shinsha

**RAFFAELLO SEGRETO** – Raffaello revealed – 2015

**MICHELANGELO. IO SONO FUOCO** – Michelangelo. I am fire – 2016



NON FICTION



Publishing date: April 4th 2017  
Pages:108

THE VERY LAST THOUGHTS OF  
THE BEST-KNOWN SOCIOLOGIST  
OF OUR TIME

ZYGMUNT BAUMAN, THOMAS LEONCINI  
NATI LIQUIDI

Born liquid  
Transformations in the third millennium

THE BOOK ZYGMUNT BAUMAN WAS WORKING ON AT THE TIME OF HIS DEATH

FOR THE FIRST TIME EVER, HE DISCUSSES THE WORLD OF THE NEW GENERATIONS, THE NATIVES OF  
A SOCIETY IN PERMANENT CHANGE

In his conversation with journalist Thomas Leoncini – sixty years his junior – for the first time ever the famous sociologist and philosopher of Liquid Society deals with generations born after the eighties, the natives of a society in permanent change.

He faces the topic of body transformation through tattoos and cosmetic surgery, delves in the transformation of aggressivity and bullying, discusses the transformations which are taking place in sexual and love relationships and last but not least analyzes the new role of the web in social connections.

A brief and ILLUMINATING POP WORK, to captivate both Bauman’s wide readership and whoever deals with young people in any capacity.

ZYGMUNT BAUMAN IS A LEADING THINKER WHO ACQUIRED HUGE POPULARITY THROUGH THE ILLUMINATING CONCEPT OF “LIQUID SOCIETY” AND HIS ABILITY OF SPEAKING TO THE PUBLIC IN A STRAIGHTFORWARD LANGUAGE, SIMPLE THOUGH NEVER SIMPLISTIC.

A DRIVER OF DISCOURSE, ABLE TO IDENTIFY THE TRUEST AND MOST PROFOUND DIMENSION OF REALITY EVEN IN WHAT WOULD APPEAR AS ITS SURFACE.

IN ITALY HIS BOOKS HAVE SOLD OVER HALF A MILLION COPIES

Foreign Sales: GERMANY Eichborn (Luebbe), SPAIN Paidos (Planeta), PORTUGAL Relógio d’Água, BRASIL Zahar, POLAND Czarna Owca, KOREA IU Books, GREECE Patakis, ENGLISH RIGHTS Polity, THE NETHERLANDS Klement, FRANCE Arthème Fayard, SLOVENIA Druzina d.o.o.

**ZYGMUNT BAUMAN** was born in Poznan in 1925 from a family of Jewish ascent. At the break out of World War II, the German occupation forced the family to flee to the Soviet Union, where Bauman enlisted as volunteer to fight the Nazis. After the war he returned to his home country and enrolled in the University of Warsaw, earning a degree in sociology in just a few years. In 1968 an anti-Semitic purge by the Polish government once again forced him into exile, first in Israel, where Bauman became a lecturer at the University of Tel Aviv, and then to England, where he taught sociology at Leeds University from 1971 to 1990. Acknowledged as the leading thinker of post-modernity, he is the author of innumerable books dealing with all relevant aspects of contemporary society and culture – from the analysis of modernity and post-modernity to the role of intellectuals to the more recent studies on the transformations of politics and society brought about by globalization. Among his known recent works Liquid life, Consuming life, The art of life. Bauman died in Leeds on the 9th of January, 2017.

**THOMAS LEONCINI** was born in 1985 in La Spezia. He is a journalist collaborating with several Italian newspapers and magazines. He writes for il Giornale and the monthly *Style*, he is chief-editor of the column “Style novo” and the author of interviews with leading figures in the world of economy, international politics and entertainment.



Publishing date: November 7<sup>th</sup> 2017  
Pages: 288

## FABIO FRACAS IL MONDO DOPO LA FISICA QUANTISTICA

[The world after quantum physics]

The secrets and wonders of the science that is changing our lives

**WHAT ARE THE PRINCIPLES AND LAWS OF QUANTUM PHYSICS? HOW DO THEY APPLY TO EVERY-DAY LIFE? HOW ARE THEY CHANGING OUR VISION OF WORLD?**

**AN ACCURATELY RESEARCHED AND RIVETING BOOK TO ANSWER QUESTIONS AND SATISFY YOUR CURIOSITY. A TRULY ILLUMINATING REFERENCE TEXT.**

Quantum physics is so fascinating a topic it has moved outside the confines of labs to engross not just professional scientists but the general public as well. But what exactly is quantum physics? What are its laws and how do they apply to every-day life? How is it changing our vision of the world and what is in store for our future?

The author, a physics professor and expert scientific writer, answers all these questions and many more in an accurately researched and highly readable book. Chock-full with information and discoveries, the first-ever book in which world-class scientists and Nobel-prize recipients explain why quantum physics is radically changing the world.

**WITH THE DIRECT COLLABORATION OF WORLD-CLASS SCIENTISTS**

**A BOOK BOTH SCIENTIFICALLY ACCURATE AND FUN TO READ, METICULOUSLY RESEARCHED AND FUN TO READ.**

**FABIO FRACAS** is a physics professor at the University of Padoa and Graduate Research Assistant at Florida Atlantic University. Journalist, musician, editor and author, he has published several nonfiction books and poetry collections.



Publishing date: October 3<sup>rd</sup> 2017  
Pages: 238

## STEFANO FARIOLI VECCHIOLI WITH ELISABETTA MURITTI UN CERVELLO SEMPRE GIOVANE

The forever-young brain

How to use cutting-edge discoveries in neuroscience to preserve mental fitness

**THE AGE OF YOUR BRAIN IS UP TO YOU!**

**A SCIENTIFICALLY IMPECCABLE BOOK, WITH A MYRIAD TIPS TO KEEP YOUR MIND YOUNG AND FIT**

Not so long ago we were taught we could only count on a limited number of neurons (brain cells). Neurons would keep developing until we reached maturity and then would start dying off – at a rate of 100,000 a day. Slowly but inexorably, our brain was doomed to degenerate. As it aged it would progressively slow down and lose cognitive skills until finally we would be – more and more often – engulfed by dementia. Now new research has shown that this slowing down is far from inexorable. There is much we can do not only to stop the loss of brain cells but also to promote the development of new ones. We just need to make the effort. And it's never too late to start.

Stefano Farioli Vecchioli has focused his research at CNR on the development of new neurons in the adult brain. In his book, written in collaboration with the journalist Elisabetta Muritti, he explains how we can put to good use the latest discoveries in neurosciences and apply them in our every day life. Our cognitive assets – the knowledge and experiences we have accumulated throughout our lives – play a pivoting role in the process, partly or fully compensating for neural decay. Physical exercise is just as paramount, as it has a protective function on neurons and stimulates the development of new brain cells. This book helps readers create tailor-made recipes, with advice on the best food, sport or therapy for each individual. All without sacrifices and strictures – because the best stimulants for the brain are pleasure and gratification.

So the first (and perhaps) only golden rule to preserving the youth of your brain is actually a very simple one. All you need do is to keep exercising it and allow it to have some fun.

**IN THIS BOOK YOU'LL DISCOVER:**

- Which foods to eat and more importantly which foods to avoid
- Which sports to practice to keep your mind active
- Why videogames (as well as music or films) are actually good for you
- The importance of a nice chat
- What are your cognitive assets and how to boost them every day
- The true – and delightful – secret to the forever-young brain

**STEFANO FARIOLI VECCHIOLI** is a researcher at the Institute for Cell biology and Neurobiology of CNR (Italian National Research Council). For years now his research has focused on adult brain neurogenesis and its modulation through physical exercise.

**ELISABETTA MURITTI** is a journalist at the newsdesk of *D*, the weekly women's magazine of the newspaper *la Repubblica*. Her fields of expertise are social trends and life-styles.





Publishing date: May 30th 2017  
Pages: 192

## MARCO MENCAGLI, MARCO NIERI LA TERAPIA SEGRETA DEGLI ALBERI

The secret therapy of trees

The hidden energy of plants and woods

**MAN AND NATURE – A DEEP CONNECTION THAT CAN BRING US HEALTH AND HAPPINESS**

**THE FIRST EVER BOOK ON PLANT BIO-ENERGY, TO LEARN ABOUT IT AND DISCOVER HOW IT CONDITIONS OUR BODIES .  
AND TO FIND OUT HOW TO TAP ITS RESOURCES.**

When stressed or in a bad mood we instinctively turn back to nature to restore our inner balance and improve our state of mind. Is this just wishful thinking? No. The benefits are proven, and deeply rooted in the history of our evolution. For years now scientists have been researching the effects of the natural environment on our health. It brings peace of mind and calm, regulates our heart beat, lowers our blood pressure, reduces aggressiveness, recharges our energy, stimulates memory skills and cognitive functions, boosts our immune system and our ability to fight back disease.

In this unprecedented book, Marco Mencagli and Marco Nieri, acknowledged experts in the field, explain the interactions between plants and organisms and their impact on our psychological and physical wellbeing. They illustrate a wide range of practices, from forest bathing to bio-energetic landscape, explaining which are most effective and the way to put them into practice to achieve the best possible results. They also focus on specific potted and garden plants, explaining their contribution to a healthier home environment – by purifying the air we breathe, absorbing pollutants, helping us relax and lifting our mood.

### THROUGH THIS BOOK YOU WILL DISCOVER:

- what are bioenergetic landscapes
- how to practice forest bathing
- what plants purify indoor and outdoor environments
- the benefits of negative ions and where to find them
- how to recharge your batteries through the contact with nature
- which trees are more beneficial to our health and wellbeing

**A TREASURE TROVE OF TIPS TO TAP «BOTANIC» ENERGY, FROM THE MOST BENEFICIAL PATHS IN THE WOODS TO THE BEST CHOICE OF POTTED PLANTS FOR HOME AND OFFICE.**

**Foreign Sales** FRANCE City Editions, USA Rodale Inc.

**MARCO MENCAGLI** has graduated in agronomy and has been working in the field for over twenty-five years. He specializes in the design and maintenance of public parks and private gardens, as well as of paths and facilities for the enjoyment of sanctuaries and protected areas. For twelve years he collaborated with Ente Parco Regionale della Maremma [board of the Regional Park of Maremma] as agronomy consultant. For some time now he has been focusing on the more therapeutic aspects of plants and natural environments. He is also a landscaping consultant for many prestigious touristic facilities in Tuscany and Lazio. [www.tuscom.it](http://www.tuscom.it)

**MARCO NIERI** is a bio-researcher and a specialist in eco-design and environmental protection. He is the original designer of «Bio-energetic Landscapes», an innovative technique to study the effects of plant bio-electro-magnetism on the human body, and the creator of therapeutic landscapes both in Italy and abroad. He organizes guided visits in natural parks, woods and forests, for a direct experience of the biological interactions with plants and of the healing effect of trees on our organism. He is the author of Bioenergetic Landscape. [www.archibio.it](http://www.archibio.it) Facebook: Bioenergetic-Landscapes



Date of release: June 20th 2017  
Pages: 228

## METELLO VENÈ UNA GIORNATA BESTIALE

The day of beasts

Stories of animals falling in love, travelling, playing and doing all sorts of other strange things.

**WHAT DO WE REALLY KNOW ABOUT THE LIVES OF ANIMALS?**

**BY FOLLOWING THEIR DAILY LIVES – AT HOME AND AT WORK, AT DINNER OR IN BED, WHILE TRAVELLING AND IN WAR – YOU WILL DISCOVER THEIR QUIRKS, MANIAS AND VICES.**

**AND HOW MUCH THEY TRULY RESEMBLE US.**

If you think humankind holds the exclusive on eccentricity, perversions and the noblest of sentiments, you haven't explored the rest of the animal kingdom yet.

This beastly SCORRIBANDA through the species will leave you stunned. You'll find about birds recycling or forcing rivals to look after their chicks. Panda thugs bullying other pandas because of their different colored spots. Tricoptera with a knack for architecture. Penguins dancing for their spouses. A more fascinating planet than you've ever dreamed of.

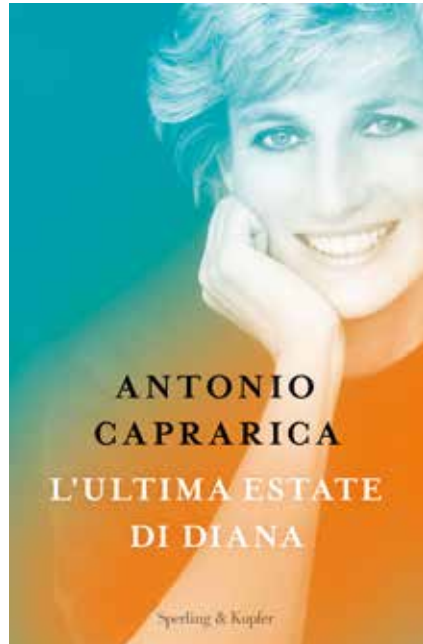
**THE LIVES OF ANIMALS ARE JUST AS ROMANTIC AS OURS. VENÈ SHOWS IT WITH THE STORIES OF RUNAWAY EELS, OF PENGUINS TAKING THEIR CHICKS TO KINDER-GARDEN, FLIES PASSING THEMSELVES OFF AS BUMBLEBEES, FISH TRAVELLING ONLY IN PAIRS, GORILLAS AFFLICTED BY SEXUAL HANG-UPS...**

**A HILARIOUS AND FASCINATING BOOK FOR READERS OF ALL AGES.**

**METELLO VENÈ** is a journalist with a life-time passion for animals. He has kept pets of all sorts ever since he was a child, and has been a long-time contributor for Airone and Aqua, accumulating a wealth of anecdotes and knowledge on animal quirks.

## ANTONIO CAPRARICA L'ULTIMA ESTATE DI DIANA

Diana's last summer



Publishing date: June 20<sup>th</sup> 2017  
Pages: 240

**A PORTRAIT OF THE UNFORGETTABLE LADY D IN THE LAST MONTHS OF HER LIFE BY BEST-SELLING AUTHOR ANTONIO CAPRARICA**

**A TRULY RIVETING TALE TO RELIVE THE PASSIONS AND DRAMAS OF THE FRAGILE WOMAN WHO BECAME "QUEEN OF PEOPLE'S HEARTS"**

August 28th 1996, the day her divorce became official, marked the beginning of a new life for Diana. Just a year before, when she had publicly confessed her weakness and revealed her husbands trysts, she had been «the sad princess», burdened by the weight of the monarchy. Now she turned into a radiant and self-aware young woman, a helper for all those in need and a fighter for her right to raise her children and to be happy. An icon of beauty and sensitivity putting in shadow the English crown, she was a prize prey for the paparazzi and tabloid reporters who would play no small part in her tragic end.

This is where Antonio Caprarica begins to tell the tale, aiming to restore Diana to her real life story – the private story the media feeding frenzy had buried under a barrage of unlikely scoops, conspiracy theories and gossip. Her relationship with the Pakistani physician Hasnat Khan – the one man who never betrayed her secrets and confidences –, her human rights campaigns, the holidays she spent with her children, her encounter with Dodi al-Fayed. The few months before the crash in the Alma tunnel in Paris are recounted in cinematic pace and detail, bringing to life a woman forever torn between naiveté and cleverness, generosity and reliance on privileges.

A restless but vital woman whose life choices have unquestionably left their mark on the country and who to this day still casts the spell and fascination of true myths.

**DIANA WAS THE PRINCESS OF THE PEOPLE, A FRAGILE, SENSITIVE, GENEROUS WOMAN WHO FOREVER CHANGED THE MONARCHY, BRINGING IT CLOSER TO THE GENERAL PUBLIC, AND WHO SHOWED SHE DIDN'T NEED ROYAL TITLES TO WORK HER MAGIC.**

**TODAY SHE IS A ROLE MODEL FOR HER CHILDREN AND AN ICON FOR THE WHOLE WORLD.**

«In this book you will find neither judgments nor prejudices on the "princess of the people".  
Two decades after the fact, my one intent was to recount the last season of her life.  
To retell her last summer just the way she lived it, in all its disappointments and hopes,  
superficiality and commitments, the devotion of a mother and a woman's passions.»

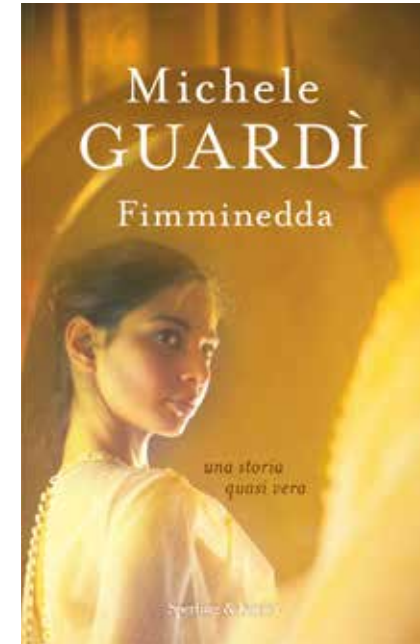
**ANTONIO CAPRARICA**

**ANTONIO CAPRARICA** (Lecce, 1951) has accumulated thirty-years experience as a television correspondent abroad. For RAI he was war correspondent in Afghanistan and Iraq and then correspondent in Jerusalem, Cairo, Moscow, Paris and London. He also worked for newspapers, as political editorialist for *L'Unità* and *Epoca* and co-editor-in-chief for *Paese Sera*, and for radio, as editor of Rai and RadioUno radionews. The recipient of the most prestigious awards for journalism he is also the author of novels, travel and non fiction books. Many of his most successful books, all published by Sperling & Kupfer, focus on the English Royal family and British culture: *Dio ci salvi dagli inglesi... o no?!*, *Niente sesso, siamo inglesi*, *Ci vorrebbe una Thatcher*, *Il romanzo dei Windsor*, *Il romanzo di Londra*, *Intramontabile Elisabetta*.

**BACK LIST** **INTRAMONTABILE ELISABETTA** – Timeless Elizabeth – 2016  
Foreign Sales **FINLAND** Minerva Kustannus

## MICHELE GUARDÌ FIMMINEDDA

A (semi)true story



Publishing date: September 26<sup>th</sup> 2017  
Pages: 204

**AN IRRESISTIBLE HUMAN COMEDY TO RELIVE THE SICILIAN WORLD IN ALL ITS UNIQUE FACETS AND HUES**

February 1969. The young Palmina is frantically running through the streets of Acquaviva, a tiny Sicilian town with just three thousand inhabitants, to seek shelter with her mother Concetta. Palmina has abandoned her husband – a serious transgression at the time. But what drove her to leave Vincenzino, who now desperately wants her back? And how can she still be a virgin five years after her wedding? In Acquaviva there are only two lawyers so they each accept one side of the case. But actually it is the whole town taking sides: the chief of the Carabinieri, the curate, the pharmacist, the barber, the Ladies of charity, even a few American relatives. As the trial unfolds, whispers and rumors run wild, seriously jeopardizing Vincenzino's manly reputation. Things become more and more complicated as the feud becomes a «question of honor» for both the ex couple and their respective families, first and foremost the formidable and pugnacious mothers-in-law. And when honor is at stake, mothers like those are more than ready to sacrifice even their children's happiness...

Shameful secrets and unexpected plot-twists bring to light a scintillating story with a bittersweet aftertaste, as per the best tradition of Italian comedy.

Michele Guardì draws from his experience as lawyer to recount with irony and deep empathy a (semi)true story of ordinary people. And in so doing he paints a vivid portrait of Italy between the Sixties and the Seventies, when Sicily was looking toward the future but was still deeply rooted in its past and traditions.

**A TRUE STORY AS RIVETING AS A NOVEL**

**MICHELE GUARDÌ** was born on June 5th 1943 in Casteltermini, near Agrigento. After graduating in law at the University of Palermo he worked as solicitor for a few years before finding his vocation as a cabaret and radio author. He has written and directed some of the most long-lasting and more successful shows ever produced by RAI. He is also the author of the libretto for the modern-day opera based on the Italian classic *The betrothed* (*I promessi sposi*), which he has been producing and bringing to theatres since June 2010. *Fimminedda* is his first book.



LUCA SCIORTINO

## OLTRE E UN CIELO IN PIÙ

Over and beyond yet another sky

From one end of the world to the next without ever boarding a plane

**A LONG, BOUNDLESS JOURNEY REACHING FOR THE HORIZON**

**AN INTENSE, SOPHISTICATED TALE OF WANDERLUST**

**25.000 KILOMETERS, 100 DAYS, A NEW BEGINNING**

A sabbatical to reflect and to change gears. But how to fill up all that free time? The answer was easy. A journey with no set dates, commitments or itineraries, simply following the desire for knowledge and discovery. And with just one rule: no planes. So as to really savor the travel experience and to see with your own eyes how people and places change along the way.

This is the gift that Luca Sciortino, journalist and philosopher, decided to give himself, setting off and travelling from **Scotland** to **Japan**, throughout **Europe** and to **Mongolia** and **Siberia**. A beautiful, fascinating tale rich in encounters and meditations, and an invitation to rediscover our inner wanderer.

**A JOURNEY AMONG EXOTIC PEOPLES,  
ENDLESS LANDSCAPES AND ANCIENT CULTURES  
TO FIND YOURSELF AND THE TRUE MEANING OF LIFE**

**LUCA SCIORTINO** is an author, traveller and journalist. He earned a PhD in philosophy at the Open University (UK) and was Research Fellow at Leeds University. He alternates between his job as a journalist for Panorama and that of researcher in epistemology. He has published illustrated travel books and short stories.



Publishing date: February 6<sup>th</sup> 2018  
Pages: 240

MATTIA BIDOLI (A.K.A. MAGO FLIP)

## MAGAMONDO

The magician vagabond

Changing the world one smile at a time

**A MAGICIAN-CLOWN AMONG SIRIAN CHILDREN**

**ENGROSSING, FUNNY, MOVING – A WONDERFUL STORY**

«In five years it's the first time I see my daughters laugh. Thank you» said Mohammed, one of many Syrian refugees who found shelter in Turkey. And it's the reason why three times a year for almost fifteen years now Mattia dons his clown's nose and goes to war zones. He can speak seven words in all in Arab but has no trouble communicating, because the language of children is the same all over the world.

This is the story of his vocation as «magamondo» - a magician cum vagabond who, often putting his own life at risk, brings a moment of happiness to kids who've been deprived of their childhood. As he himself puts it, «we can only live once, but if we live right it's more than enough».

*«I started caring for others not because I thought I have a lot to give  
but because I know what it feels like to have nothing at all.*

*As far as I could I wanted to make a difference.*

*And to do it my way. One person, one smile, one magic trick at a time.»*

*«Leave a better world than the one you found»*

this is Mattia's motto

**A BOOK PUTTING A FACE ON WAR – THE FACE OF CHILDREN – AND SHOWING US THE  
WORLD FROM A DIFFERENT PERSPECTIVE**

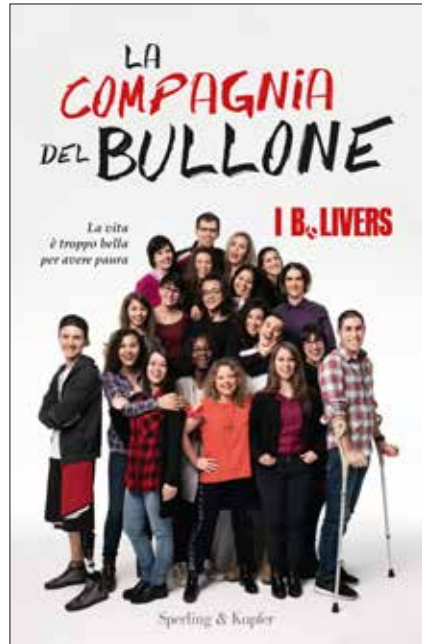
**AN INNER AND OUTER JOURNEY**

**MATTIA BIDOLI**, stage name Flip, is a professional magician and winner of the Street Magic world championship in 2015. For over thirteen years he has been performing his magic tricks in hospitals, orphanages, refugee camps, prisons, as well as war zones as representative of NGO's.



Publishing date: November 7<sup>th</sup> 2017  
Pages: 192





Publishing date: April 4, 2016  
Pages: 192

## B.LIVERS LA COMPAGNIA DEL BULLONE

The company of the bolt  
Life is too beautiful to live it in fear

**THE TRUE STORY OF A GROUP OF TEENAGERS WHO FOUND THE BEST THERAPY FOR THEIR ILLNESSES: FRIENDSHIP**

You can't help but love the B.livers, a group of teenagers who fought – or are still fighting – with cancer and other serious diseases. And found in friendship the first line of cure.

The association was founded by an entrepreneur whose daughter died of cancer.

Together, the children have faced surgery and chemo, have said goodbye to a dear friend, have lost and found themselves again, have fallen in love and launched amazing projects – a newspaper, for instance. And this is their story.

Because their philosophy is to say «yes» to all experiences and opportunities. And their belief that life is too beautiful to live it in fear.

A book of intense and moving life stories. Like the story of Denise, who wins her battle against leukemia and organizes a surprise meeting with the father she has never known. Or Paolo's, better known as «Iron-leg» since the amputation, who doesn't know the meaning of «impossible».

**THE B.LIVERS** are teenagers who have fought or are still struggling with serious diseases, cancer first and foremost. And have turned illness into opportunity. They have joined an association especially (hyper)active in Milan, and launched major collaborations with Coccinelle, Max Mara, Corriere della Sera, Mandarin Hotel...



Publishing date: September 12th 2017  
Pages: 266

## FLAVIO PAGANO INFINITO PRESENTE

Endless present  
A true story of love, Alzheimer's and happiness

**WHAT IS LEFT WHEN MEMORY IS GONE?**

Moving and heartbreaking, but also witty, the diary of an old woman who, having been diagnosed with the early stages of Alzheimer's, attempts to pass on the «secret of life» to her family before it's too late.

As she progressively moves from the panic of first discovery to utter mental confusion and loss of memory, she is surrounded by her colorful Neapolitan family doing its best in the face of a ghastly dilemma – to send her away to a home or to keep caring for her on their own?

As her condition worsens the tangle of reality and imagination in her writing becomes disquieting, inextricable. Her son never leaves her side, and in reading her notes he begins to have an inkling of what it's like to lose oneself beyond repair. And when his mother is no longer able to write he takes her place, completing the diary with the story of his own grief and of the love that keeps them together until the end.

A tale about the resilience and the loss of memories, falling into oblivion to then unpredictably resurface, so that everything and everyone are engulfed in a sort of endless present. A book about love, its limits and its amazing capacity of adaptation. An extraordinary journey of discovery into the strongest ties of all, our most primeval fears and basic needs, in search of happiness even in the face of seemingly insurmountable obstacles.

Dedicated to all those who deal every day with a more and more widespread condition and are deeply changed by it, and to those who believe love is the only real meaning of life.

*Love is the one thing  
in which self-delusions  
are part and parcel of reality*

**FLAVIO PAGANO** (Naples, 1962) is an author, journalist and former publisher. His books include *Ragazzi ubriachi* (Elsa Morante Special Award), *I tre giorni della Famiglia Cardillo* (optioned for cinema by Red Film), *Senza paura* (Selezione Bancarella Sport Award) and the hugely successful autobiographic novel *Perdutoamente* (Un libro per il cinema [A book for cinema] Award). Pagano collaborates with Corriere della Sera and writes a column for *Corriere del Mezzogiorno* and Donna Moderna. His weekly column for Donna Moderna, dedicated to people's experiences with Alzheimer's, is the recipient of the award assigned by the Italian national association for the medical-scientific press. He plays rugby, the piano and the cello. He is self-taught in most everything.

## MARINA CUOLLO A DISABILANDIA SI TROMBA

In Disabiland we f\*\*\*

No PC (politically correct) need apply



Publishing date: April 4th 2017  
Pages: 182

**A BOOK ABOUT LOVE, RESPECT, FRIENDSHIP, SEX, EMPLOYMENT AND DISABILITY. BUT MOST OF ALL A BOOK ABOUT PEOPLE. TO UNDERSTAND AND CHANGE, TOGETHER.**

**HOW DO THE SO-CALLED ABLE-BODIED RELATE TO DISABILITIES? HERE'S THE TRUTH NO-ONE HAS EVER HAD THE GUTS TO SAY SO OPENLY, NO PUNCHES PULLED.**

**HILARIOUS, FIERCE, SHOCKING**

From the perspective of a wheelchair you see and hear unimaginable things about disability. In every-day life you are subjected to the attitudes, treatment and judgment of the so-called able-bodied. The comic, the surreal, the unbelievably dumb and cruel. And it's all absolutely true.

The author, a young graphic designer with a rare and highly invalidating disease, is faced every-day with the tragic, the frightening, the shocking. But she refuses to be victim, and fights back – by laughing.

With extraordinary irony and humor, she reports all that happens to her – in the streets, at work, in public offices, in school – and reveals the dynamics of diversity beyond stereotypes and bigotry.

This book will forever change the way you look at the world.

*“When faced with an unknown quantity we feel the urge to label it. We are driven by fear, by the need to define. As children we fear the dark, monsters, the Bogeyman, ghosts. As adults we fear the unknown. We may not realize it, but we react the same way to people. It's so much easier to stick them in a box. But people are complex entities. They continually evolve, change, grow, transform. This book is about physical disability and aims to help readers become aware of the many shades of stereotyping – when dealing with disabilities and beyond. The message it wishes to convey is that differently able persons are not their disability. First and foremost they are persons, suffering from the stigma modern society so often resorts to in dealing with the disabled – and not just with them.”*

*If we can laugh in the face of serious stuff – things such as death, crisis, disease, disability, everything that down deep scare us – we neutralize its power to frighten and limit us, and to condition our choices.*

**MARINA CUOLLO** (Naples, 1981) holds a degree in Biology. She works as graphic designer and writes for the portal Pianeta Donna [Planet woman]. For several years now she has been researching social discrimination and prejudice pertaining to the world of physical disability.

## MASSIMO VACCHETTA WITH ANTONELLA TOMASELLI 25 GRAMMI DI FELICITÀ

25 grams of happiness

How a tiny hedgehog can turn your life around



Publishing date: October 31st 2016  
Pages: 192

*«Why do you do it? What do hedgehogs do for you?»  
«They make me happy.»*

«Could you look after it for a couple of days?» Thus began the friendship between Massimo, a veterinarian specialized in cattle, and a tiny, orphaned hedgehog. It was just a baby, only a few days old, covered with quills – still white and soft, and a little disheveled – and it was mewling softly. Perhaps it was hungry, or cold, or just lonely. But whatever the reason, its helpless crying opened a breach in the walls of habit and indifference Massimo had built around his heart.

With the sheer force of her personality, Ninna – as the tiny, disheveled hedgehog turns out to be female – completely turns Massimo's life around. She is curious, and anything new will immediately call her out of her shelter. She is playful, and one of her favorite games is overturning her water bowl. She is affectionate, and licks Massimo's face in a frenzy of happiness whenever he comes home after a longish absence.

Still, she is a creature of the wild, and needs her freedom. Over time, the cage that kept her safe becomes a prison, and she longs for the free range of the woods...

In his book, Massimo Vacchetta recounts the extraordinary encounter that helped him overcome a dark time in his life, and gave him new purpose: the creation of a shelter and rehabilitation center for hedgehogs, a species threatened by our carelessness. His center is devoted to the care of these small creatures – injured, abused, defenseless, but with a will to live so strong it is truly contagious.

*I was petrified. It was crying.  
A soft, almost constant mewling, with short breaks of desolate silence.  
The tiny hedgehog was desperate for help.  
Because of my job, I was faced everyday with the suffering of animals.  
I thought I'd grown used to it and that habit could shield me from sharing it.  
But the pain of that tiny creature blew my shield to smithereens.*

**A TRUE STORY, INSPIRING AND DEEPLY FELT**

**ENGLISH EXCERPT AVAILABLE!**

**Foreign Sales** **FRANCE** City Editions, **GERMANY** Penguin Verlag, **THE NETHERLANDS** Bruna Uitgevers, **SWEDEN** Nona, **USA** Rodale, **UK** Quercus, **JAPAN** HarperCollins Japan, **PORTUGAL** 20/20 Editora / Nascente (Ilidio Matos), **ROMANIA** Polirom

**MASSIMO VACCHETTA** lives in Northern Italy and for twenty years he has worked as a veterinarian specializing in the care of cattle. Two years ago he opened a shelter and rehabilitation center for hedgehogs, «La Ninna». He is chairman of the association «La Casa dei ricci» [The hedgehog home], whose mission is the protection of hedgehogs and their environment.

[www.lacasadeiricci.org](http://www.lacasadeiricci.org)

**ANTONELLA TOMASELLI** is a journalist and blogger, an environmentalist and lover of animals. A true dog-person, she has written and directed several documentaries on her canine friends. She is an active propagandist against the abandonment of pets, is honorary president of the Italian Association of Yorkshire and Terrier Lovers, has published many books and specialized articles on different dog breeds.





Publishing date: September 5th 2017  
Pages: 192

## GIANLUCA MAGI IL TESORO NASCOSTO

Hidden treasure

100 Sufi lessons to master the art of joy and wonder in every-day life

**A PRECIPITATE OF EASTERN WISDOM AND SPIRITUALITY IN THE FORM OF SHORT TALES. FOR ALL THOSE SEEKING A MEDITATIVE BREAK FROM A FRANTIC WORLD**

**A PRECIOUS COLLECTION OF STORIES «LOOTED» FROM THE BOUNDLESS TREASURE OF SUFISM, THE MYSTICAL AND ASCETIC TREND IN ISLAM**

We are all born with a priceless treasure we know nothing about. So in spite of our huge wealth we live in poverty. And die destitute. A strange way of leading our lives, considering we needn't travel to the ends of the world to find boundless riches – they are just within our grasp. Though, as in all spiritual traditions, both Western and Eastern, it does take a long journey to see it.

This book teaches the art of finding your hidden treasure and putting it to good use.

Many obstacles will stand in your way. But obstacles are also road signs pointing you in the right direction. Until we reach a place where we learn to elevate ourselves and can really decide who we want to be. A huge edge in a world that tends to settle for standardized behaviors and choices made by others.

A stimulating adventure through the encounter of extraordinary men enveloped in a magical aura. A «treasure hunt» in mysterious regions. A path of signs leading to the discovery of a living tradition. Until you'll finally see what was hidden – the most paramount, neglected, delegated and feared truth of all.

You need to experience it to know.

**BY THE AUTHOR OF THE LONG-SELLER I 36 STRATAGEMMI, WITH OVER 100.000 COPIES SOLD IN 33 DIFFERENT COUNTRIES**

**BY MEANS OF BRIEF PARABLES, SUFI MASTERS CONVEY KNOWLEDGE WITH AN IMMEDIACY AND EFFECTIVENESS NO AMOUNT OF LOGICAL REASONING CAN EVER ATTAIN. EACH SUFI STORY IS A KEY TO A NEW DOOR, A LIGHT SHOWING THE TRUTH BEYOND APPEARANCES.**

**GIANLUCA MAGI** is a leading scholar of Eastern philosophy and psychology, a top authority in the field of human evolution and a best-selling author. His work, translated and distributed in 33 countries, launched several new trends and inspired new schools of thought. He is the founder of «Incognita», a trans-disciplinary center of excellence in Pesaro for imagination, philosophy and the arts. A former professor at the University of Urbino, since 2012 Gianluca Magi has devoted his life-work to the *Gioco dell'Eroe* [The Hero's Game], a major project for self-evolution. His published work include the long-seller *I 36 stratagemmi* [The 36 ruses] and the best-seller *Il Gioco dell'Eroe*; *La Via dell'Umorismo* [The way of humor] (with an introduction by Alejandro Jodorowsky), *La nobile arte dell'insulto* [The noble art of insults] (with an introduction by Michele Serra), *I 64 enigmi* [The 64 enigmas]. His latest work, *Lo stato intermedio* [The intermediate state] encompasses Western, Indian and Chinese philosophy, Buddhism, Sufism, mysticism, transpersonal psychology and near-death experiences.  
[www.giocodelleroe.it](http://www.giocodelleroe.it) – [www.gianlucamagi.it](http://www.gianlucamagi.it)  
[www.incognita.online](http://www.incognita.online)



Publishing date: October 3rd 2017  
Pages: 224

## MARIA CHIARA GRITTI LA PRINCIPESSA CHE AVEVA FAME D'AMORE

The princess who was starving for love

How to become queen of your own heart

**AN ILLUMINATING FAIRY-TALE TURNING THE WEAPONS OF IRONY AND PSYCHOLOGY AGAINST LOVE ADDICTIONS**

Be beautiful, be good, be submissive – women have always been taught this is the only way to be loved. And Arabella, the protagonist of this fairy tale, has been taught the same. Despite her intelligence, resourcefulness and talents, she is willing to sacrifice her liveliness, her passions, her very needs to conform to her parents' wishes and earn their affection. Yet something inside is screaming to be let out, a lump of discontent making her restless and famished. It's her hunger for love. Believing only a man can satisfy her hunger she travels to the Town of Encounters. But how can a young woman so starved for love recognize its true taste? It would be tempting to just fill up with the first junk food at hand. Luckily for her, someone will be there to provide a wake up call and to guide her to the right recipe.

With irony and sensitivity, the psychotherapist Maria Chiara Gritti deals with love addiction, the strange blindness of the heart that makes us mistake any ordinary frog for a prince, and drives us to give everything in exchange for... nothing. Too many princesses suffer from this peculiar ailment, and hang on to imbalanced relationships, all the while losing their self-confidence, their trust and their smile.

**ENOUGH IS ENOUGH. WE MUST STOP SETTLING FOR CRUMBS – THIS IS THE LESSON ARABELLA TEACHES US. THE ONLY WAY TO FEED TRUE LOVE IS TO LEARN TO FEED OURSELVES FIRST. AND IT'S THE PRINCE WHO MUST PROVE HIMSELF WORTHY OF US.**

*A delightful fairy-tale  
for all princesses looking for their true self  
(and perhaps true love).  
So they will never again settle for crumbs*

**FOR FANS OF MARCIA GRAD POWERS AND ROBIN NORWOOD**

**MARIA CHIARA GRITTI** works as a therapist and psychologist in Bergamo. As a specialist in co-dependencies and group therapist for love addictions she has devised an innovative healing process and teaches workshops to train her colleagues in her special technique.  
[www.psicologobergamo.com](http://www.psicologobergamo.com)  
[www.dipendiamo.blog](http://www.dipendiamo.blog)





Publishing date: October 3rd 2017  
Pages: 228

## CRISTINA MILANI LA FORZA NASCOSTA DELLA GENTILEZZA

The hidden strength of kindness

The secret power of small gestures, which are good for others and ourselves

**A BOOK TO REDISCOVER THE MOST REVOLUTIONARY FORCE OF ALL – KINDNESS**

**A GREAT UNIVERSAL TEACHING THAT WILL FOREVER CHANGE YOUR LIFE**

Some are kind out of manners and habit, others for convenience and for their own agenda. But most of the time we are not kind at all. Out of stress, hurry or a mistaken sense of practicality, we tend to be too straightforward, skipping over what we scornfully define «niceties» to reduce relationships to a mere exchange.

But in so doing we lose touch with three paramount aspects of our lives – our connection with other people, the world we live in and even ourselves. Because the first and foremost meaning of kindness is care – doing the right thing for our environment, our body and mood. Only through kindness we can relate with others in a peaceful and fulfilling way, cultivate empathy and happiness, value even the most fleeting encounters, understand the point of view of other, make any environment pleasant and welcoming.

Cristina Milani, vice-president of the World Kindness Movement, invites us to rediscover the power of this neglected virtue and explains how to practice it in our every-day lives – in our personal or professional relationships, in our attitude to the environment and ourselves. Her suggestions are a small exercise in civility whose effects spread out, sparking up a revolution of kindness infecting everyone around you. All you need do is take the first step.

«Only kind people are truly strong»  
**James Dean**

**CRISTINA MILANI** was born in Switzerland in 1966. She has a degree in psychology and two master degrees in Cognitive behavior therapy and communication. In 1998 she founded HeS Human Engineering Systems, a group of professionals dedicated to psychology training for managers. In 2001 she became vice-president of the strategic brand planning company GWH, managing the Singapore and New York offices, the partnership with the Great Place to Work Institute and *Work Style* magazine. Since 2011 she has been president of Gentletude Switzerland and Gentletude Onlus and vice-president the World Kindness Movement.

[www.gentletude.com](http://www.gentletude.com)

[www.theworldkindnessmovement.org](http://www.theworldkindnessmovement.org)



Publishing date: September 5th 2017  
Pages: 266

## SILVIO GARATTINI LUNGA VITA

Long life

Everything you need to know about health, vaccines, dieting and drugs

**A TRUE SELF-DEFENSE HANDBOOK FOR THE WHOLE FAMILY**

We all do it. When we need information, the answer to a question or the solution to a problem, we turn to the Internet. But how do you know which sites are truly reliable and which are just fakes used to camouflage ads? How can you be sure you've found the right advice on food, wellbeing, lifestyle, therapies and drugs?

Silvio Garattini, a world-class authority on medicine and pharmacology, is constantly sought out to answer our most pressing and controversial doubts on health.

In this book he makes available to all his huge experience, providing answers in a clear, authoritative and straightforward style and offering an invaluable map to avoid risks and mistakes. From rules for a safe use of drugs to advice on how to deal with your physician, from side effects to debated topics like vaccines, animal testing, alternative medicine, GMOs, useless products – a true self-defense handbook for the whole family.

**LONGEVITY IS UP TO US**

**IT ALL DEPENDS ON OUR EVERYDAY CHOICES**

**LUNGA VITA IS AN UPDATED AND REVISED VERSION OF THE SUCCESSFUL *FA BENE O FA MALE* [IS IT GOOD OR BAD FOR YOU]?**

**SILVIO GARATTINI** is a physician and professor in Chemotherapy and Pharmacology. He is the director of the Mario Negri Institute for Pharmacological Research, which he founded in 1961, and has been a member of several other associations, including the National Council for Research in Biology and Medicine (CNR), the Committee for health research and policies of the Italian Parliament, and the Committee for drugs (CUF) of the Italian Department of Health. He has held several prestigious positions both in Italy and abroad and is the recipient of innumerable awards and accolades. He has published hundreds of scientific research papers and books in the field of pharmacology. He is one of the most quoted Italian scientists in international medical literature. Under his leadership, the Mario Negri Institute has published over 13.000 research papers in fifty years.

## MARGHERITA ENRICO I SEGRETI DELLA LONGEVITÀ

The secrets of longevity

The first-ever psychophysical program for shedding biological years



Publishing date: March 28th 2017  
Pages: 280

### HOW WOULD IT BE IF YOU COULD DECIDE HOW OLD YOU ARE?

A healthy life-style is not enough to keep you young and fit. In this book, Margherita Enrico presents an exclusive method combining powerful psychological techniques and anti-age tips for an all-round rejuvenating effect.

Beginning with psychological dynamics to quit negative habits and achieve miraculous improvements then passing on to a diet plan with healthy super-foods and tips to preserve your complexion, manage stress, sleep better and lose weight by redressing hormonal imbalance and boosting your metabolism.

- A scientific journalist, Margherita Enrico has selected the most up-to-date anti-age discoveries and combined them with powerful psychological techniques.

- Valter Longo, a world-class authority on nutrition and longevity, has enriched the book with exclusive dietary advice distilled from years of research.

### RICH IN TESTS AND INFORMATION FROM STATE-OF-THE-ART RESEARCH

### A PRATICAL AND CUTTING-EDGE HANDBOOK TO LIVE LONGER. NATURALLY.

**MARGHERITA ENRICO** is a journalist, television writer and book author. She is a contributor to ilGiornale and has worked for la Repubblica, Rai and several weeklies. Her many books include La dieta ormonale [The diet of hormones] and La scienza della giovinezza [The science of youth]. She has also contributed to several international scientific publications.

**BACK LIST** **PAPAYA, UN'ALLEATA PER LA SALUTE** Papaya an alley for health (with Pierre Mantello) - 2006

Foreign Sales **FRANCE** Michel Lafon

**LA DIETA ORMONALE** The hormone diet (with Thierry Hertoghe) - 2008

Foreign Sales **FRANCE** Thierry Souccard Editions, **BULGARIA** Colibri

**GLI ORMONI DELLA FELICITÀ** The hormones of happiness (with Thierry Hertoghe) - 2009

Foreign Sales **CZECH REPUBLIC** Euromedia

**UN MIRACOLO NELLA MIA VITA** A miracle in my life - 2011

Foreign Sales **PORTOGALLO** Bertrand

## STEFANIA PILONI, SIMONETTA BASSO IL SEGRETO DELLA FERTILITÀ

The secret of fertility

Overcoming fertility challenges the natural way



Publishing date: September 19th 2017  
Pages: 252

### HOMEOPATHY, DIET, PHYTOTHERAPY, RELAXATION TECHNIQUES: ALL THE NATURAL REMEDIES TO FINALLY BECOME PARENTS

### A SELF HELP BOOK TO BOOST YOUR NATURAL FERTILITY OR ENHANCE THE EFFECTIVENESS OF MEDICALLY ASSISTED PROCREATION

More and more couples today are experiencing problems in conceiving a baby and turn to medicine in order to solve them. But fertility issues are not about «faulty» organs or an unexpected «betrayal» of your body. This handbook was written with the aim to help aspiring mothers and fathers enhance their chances of conceiving without losing sight of their own wellbeing – both as individuals and as a couple. Bad habits and lifestyles can reduce fertility levels in both women and men, and should therefore be avoided. For instance, you'd be surprised how much of a difference small (and big) dietary adjustments can make in (re)creating the ideal conditions to conceive.

Also invaluable are homeopathy, phytotherapy, acupuncture and «soft» techniques. Natural medicine, which always focuses on the person as a whole, offers a truly useful different perspective and can often rebalance biological functions even without hormone therapy. And in case you really need medical assistance to conceive, natural medicine will help you tolerate therapies better and increase their success rates. Showing yet again that natural medicine is not «other» but «complementary» – an always worthwhile added bonus, for a naturally and not just medically assisted procreation.

- Good and bad foods
- Supplements
- Therapeutic plants
- Relaxation techniques
- Acupuncture

**STEFANIA PILONI** is an ob-gyn specialist. A professor of Phytotherapy at Università degli Studi in Milan, she has trained in homeopathy and phytotherapy in order to take better care of her patients by blending Western medicine and complementary therapies. An expert in PMA, female and male fertility and gynecological endocrinology, she works in the fields of artificial and medically assisted insemination and induced ovulation with pharmacological and natural stimulants and through bioidentical hormone therapy (BHT). She is medical director Ginecea Centre for assisted procreation (www.ginecea.it) and director of the Natural medicine women's clinic of San Raffaele Resnati hospital. She lives and works in Milan.

**SIMONETTA BASSO** is a journalist with a long-standing professional experience in women's magazines. She was vice-editor-in-chief of *Pratica* and editor-in-chief of *Vera Magazine*, among other things. She has always been interested in the fields of health and diet, and for years now has been focusing on children and mothers, to whom she has dedicated this book, written as usual with Stefania Piloni. She lives just outside Milan, with her husband and two children... who really took their time. Her personal experience inspired her to write this book, with the aim to help other women facing similar challenges.

**ANNALISA SUBACCHI**  
**LA DIETA DELLA DOTTORESSA SUBACCHI**  
 Doctor Subacchi's diet  
 Based on food intolerances



Publishing date: March 28th 2017  
 Pages: 240

**LEARN TO IDENTIFY AND MANAGE FOOD INTOLERANCES**

**LOSE WEIGHT BY ENJOYING THE FOODS BEST SUITED TO YOU**

Often the cause of a sluggish metabolism is the wrong diet. And many chronic disorders can actually be treated, just by taking into account food intolerances. Foods that are unsuitable for our physical profile ignite a chain of inflammatory disorders, which in turn not only cause skin rashes, digestive disorders, headaches, conjunctivitis, fatigue and cellulite but also prevent weight loss and actively promote weight gain. Gluten, lactose, yeast, nickel are often responsible for intolerances and allergies, ever more widespread and often undiagnosed. Because linking causes and symptoms is a complex process.

Annalisa Subacchi is a top national expert on nutrition and food intolerances. Her approach, tested on thousands of people, has solved weight and health issues, water retention and problems of general discomfort that had dragged on for years with no end in sight. Her book explains how to identify all kinds of intolerances and allergies, what tests to carry out, what foods are suitable and unsuitable, which should be avoided and which to enjoy, along with tips to make life easier, weekly diet plans and delicious recipes for the specific needs of all.

**WEIGHT GAIN, WATER RETENTION, CELLULITE, DERMATITIS, FATIGUE, DIGESTIVE PROBLEMS.**  
**PERHAPS YOU TOO ARE A VICTIM OF WHAT YOU'VE BEEN EATING.**

**ANNALISA SUBACCHI**, a nutritionist and a graduate of the University of Parma in Bologna, is the recipient of three master degrees in vegetarianism, nutrition and sport and child immunology. She has worked in the genetics department of San Raffaele Hospital in Milan, where she discovered her allergy to gluten. A member of ACSIAN Onlus in Pisa (Association and research center on food intolerances and nutrition), she consults for several medical practices. Following the wishes of her patients, she has founded ALIAC Onlus (Association for the fight against food intolerances and celiac disease), which is devoted to initiatives on nutrition, food intolerances and sport. She specializes in the creation of made-to-measure diets for vegans and people suffering for allergies and food intolerances, and is the nutrition expert of several national and international athletes. She is holds lectures and workshops and is a sought-after guest on television and radio programs.

**FABRIZIO DURANTI**  
**LA DIETA VIGOR**  
 The Vigor Diet



Publishing date: April 24th 2017  
 Pages: 288

**EAT WHENEVER YOU LIKE AND SCULPT YOUR BODY**

Insatiable researcher and scholar with a passion for all disciplines pertaining to human health, Fabrizio Duranti has gathered an enthusiastic following of readers who swear by his advice. With thirty years' experience as medical doctor and researcher he has distilled a revolutionary approach to dieting that thousands of people are now following with huge success and brilliant results.

Finally here is the book to learn all you need to know about Vigor, a diet to boost your metabolism and achieve your ideal weight, a perfect shape, a flat belly and huge reserves of energy, with one unique feature – you can eat all you want without ever going hungry or craving for foods typically off limits in traditional diets.

**FABRIZIO DURANTI IS THE AUTHOR OF SEVERAL BESTSELLERS, WITH OVER 100,000 COPIES SOLD.**

**FABRIZIO DURANTI**, a medical doctor and general surgeon, is an acknowledged expert on extreme human performance. He is the author of several bestsellers, all published by Sperling & Kupfer, including *Supersalute con la Zona* [Superhealth with the Zone], *Le 100 regole del benessere* [100 rules for wellbeing], *Il circolo virtuoso del benessere* [The virtuous circle of wellbeing]. A brilliant communicator and a television and radio celebrity, he has devoted three years to perfecting this diet. His method is taught in hugely successful workshops.

**BACK LIST** **UN MEDICO PER AMICO** – Your friendly doctor – 2008  
**Foreign Sales BULGARIA** Colibri





Publishing date: November 7th 2017  
Pages: 128

**THE PERFECT CHRISTMAS GIFT  
– FOR OTHERS AND FOR ONESELF –  
TO LAUGH AWAY THE STRESS  
OF THE HOLIDAY SEASON**

## ROSSELLA CALABRÒ CHEPPALLE IL NATALE!

Christmas is a bore

How to survive the most stressful holiday season of the year

**THE FIRST EVER SELF-HELP BOOK USING IRONY AS AN ANTIDOTE FOR THE CHRISTMAS FEVER**

**THE NEW BOOK BY THE BEST-SELLING AUTHOR OF *50 SBAVATURE DI GIGIO* - CLEVER, WITTY...  
AND A LITTLE WICKED**

Every year it's the same old story. You're still reeling from Halloween and already it's the Christmas rush. Decorations and fairy-lights all over the places, Santa Clauses at your heels, Gargantuan dinners, frenzied shopping and – of course – the most dreaded and hated question of all time: «Aren't we going to meet up before Christmas?». Not to mention «Where will you be for Christmas?» «And what about New Year's Eve?». Help!

In her very own sparkling and irreverent style, Rossella Calabrò reviews the full range of little horrors, clichés, ridiculous white lies and stresses of the season, providing invaluable tips to make it to Boxing Day without going postal. A pamphlet against all hypocrisies, to finally reveal what we all have been thinking but never dared to confess – Christmas is a pain in the arse!

**ROSSELLA CALABRÒ' HAS SOLD OVER 180.000 COPIES!**

*First: the greetinGS: ... to be exchanged with all and sundry, down to the two-and-a-half-year old nephew getting grilled with the same questions every year.*

*«So, soon it will be Christmas.» «Yees.»*

*«And have your written you letter to Santa Claus?» «Yees.»*

*«But have you been good?» «Yees.»*

*«But really absolutely impeccably unbelievably good, or just plain good?»*

*At which point, instead of the umpteenth laconic «yees» the poor kid would just love to burst out in the “fuck-off of the ages”. Unfortunately he is too little to have mastered the vocal technique or to have experienced its miraculously liberating effect. So, with one last «yees», he plunges mama's smartphone in the bidet and trots away, leaving the rest of his aunt's third degree to echo on the white porcelain among a few of papa's scattered pubes.*

*Then: THE TREE: ...how do you eliminate the carcass? Because that's what happens to 99 percent of your glorious pines – they wither and die. At which point you're left to wonder – Should I recycle or just bin it? But where? How do you fit a two-meter tall tree in 50 x 70 cm bag? Should I cut it up in small pieces like a killer getting rid of the body? Roll it up in a carpet and dump it in your neighbor's yard? Hide it in the freezer? In the car trunk? How the fuck do I get rid of it?*

**ROSSELLA CALABRÒ** is a Milanese author and blogger. When not deep in conversation with whatever cat or dog she may happen to meet, she reads like there's no tomorrow, writes a fair amount, and oversleeps and laughs as much as possible. Among other titles, she has published two best-sellers with Sperling & Kupfer, *Cinquanta sbavature di Gigio* (50 shames of Gigio) and *Cinquanta smagliature di Gina* (50 shames of Gina).

### BACK LIST

**CINQUANTA SBAVATURE DI GIGIO** – Fifty shames of Gigio – 2012

**Foreign Sales** FRANCE Albin Michel, SPANISH WORLD RIGHTS Planeta, PORTUGAL Planeta Manuscrito, CZECH REPUBLIC Prah

**CINQUANTA SMAGLIATURE DI GINA** – Fifty shames of Gina – 2012

**Foreign Sales** CZECH REPUBLIC Prah

**IL TASTO G** – G button – 2013

**Foreign Sales** ROMANIA Paralela 45 (Livia Stoia Literary Agency)

## ELISABETTA STOINICH NATALE È...

Christmas is...

150 charms to warm your heart

**THERE MUST BE A REASON IF EVERYONE SAYS THAT CHRISTMAS IS MAGIC.. OR ACTUALLY 150 REASONS!**

**THE PERFECT CHRISTMAS GIFT-BOOK, ILLUSTRATED BY A TOP ITALIAN DESIGNER**

Even the most stubborn of grouches have to admit it. Christmas is special. Decorating the tree, finding the perfect gift, exchanging greetings, carefully wrapping gifts, waiting for midnight... we all cherish our memories of these so very Christmassy moments. This book celebrates both the big and small gestures that make the event so unique. With grace, humor and wit, Elisabetta Stoinich presents a full gallery of funny and endearing scenes, to soften the heart of even the worst Grinch.

**ELISABETTA STOINICH** was born in Liguria but became Milanese for love. For years she has been working as illustrator for publishing houses, advertising agencies, videogame companies and coloring books. She loves reading old books and eating good food.



Publishing date: November 14th 2017  
Pages: 240

TO SEND SIGNALS  
OVER THE AIR TO LET OTHERS  
PERCIEVE YOUR TRUEST  
CHRISTMANS WISHES



## LIZABETH LUCIANI INGLESE IN 24 ORE

English in 24 hours



Publishing date: September 12th 2017  
Pages: 312

**IN THE BESTSELLING LIST IMMEDIATELY  
AFTER PUBLICATION!**

**AN EASY AND FUN LEARNING METHOD, ALLOWING FOR IMMEDIATE RESULTS AND PROVIDING ALL  
THE TOOLS YOU NEED TO FACE EVERY-DAY SITUATIONS WITH NO STRESS AND MISTAKES**

**THE PERFECT APPROACH TO BOOST YOUR SELF-CONFIDENCE AND THE MASTERY OF YOUR  
PERSONAL COMMUNICATION SKILLS**

If you think learning English is an impossible task. If you've spent years studying and are still stuck at the same level. If you think that communicating, working, reading in English will always be just beyond your reach, this is the book for you. An essential handbook for everyone – both beginners and those who need to quickly brush up their skills.

An easy and quick method consisting of **just 24 one-hour lessons** to start speaking right away, with no stress and anxiety, and to finally free yourself from those awkward situations when words just escape you and you're stuck communicating with smiles and gestures.

The secret is that you already know many more English words than you think. Without realizing it you read and hear English all the time in your every-day life, and the brilliant new approach devised by the author of this book, will magically bring to the surface the words you have unconsciously memorized, allowing you to use them in straight-forward two-way conversations.

The selection of topics and vocabulary, the tips and suggestions to start communicating from day one, the techniques to improve listening skills all guarantee immediate and long lasting results.

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**THE AUTHOR, FLUENT IN 5 LANGUAGES, IS AVAILABLE TO COLLABORATE IN THE PRESENTATION OF  
THE BOOK IN OTHER COUNTRIES**

**Foreign Sales:** **FRANCE** Editions de l'Archipel

**LIZABETH LUCIANI** has lived in the United States and is perfectly bilingual. She works as a translator and consultant, and for years has been teaching students of all age groups. She speaks five languages. She lives and works in Milan.