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Sperling & Kupfer

FICTION



Publishing date: June 25th 2019

Pages: 304

NEW

MARIAM TARKESHI IL REGISTRATORE DI SOGNI

The recorder of dreams

A CROSSOVER NOVEL ON THE DARKER SIDE OF TEENS

A SELF-CONSCIOUS TEENAGER.

A RECORDER OF DREAMS THAT TURNS THEM INTO NIGHTMARES.

THE REASON WHY WE SHOULD KEEP SOME SECRETS EVEN FROM OURSELVES.

Nicolò is an ordinary teenager. His family is average, or downright boring. His friends are few, or non-existent – except for Seba. And of course he has no girlfriend to speak of.

But everything changes when he inherits a strange contraption from his grandfather Arturo. The device is a «recorder of dreams». It actually records on tape people's dreams. Ignoring the advice of Viola, an old childhood friend of his grandfather's, and under pressure from Seba, Nicolò starts to make a little money – and, first and foremost, to gain a little popularity – by lending the recorder to his school mates. And the ploy seems to work. Thanks to other people's dreams Nicolò makes new friends and maybe even finds a new love.

It seems like a happy end for all, if not for the knack of dreams to turn into nightmares.

For my eighteen years of life I've looked at people from below. Literally. I saw them always get what they wanted, being born with all the right attributes, while I had nothing to show for myself. It's not my fault I'm not cool, not popular, a basket case at school. I was born this way – lacking, impaired. Defective. With an average face and a body that refuses to grow to a decent height, while others around me – Elia, Seba, everyone, really – were just perfect.

«What do you mean you won't stay?» Viola's voice behind me sounds genuinely surprised. As though she'd thought I'd believe her stories. Like having just woken up with two suction cups stuck to my temples was nothing strange at all. «Not even five minutes? How can you not be curious?» I don't know, I'd like to tell her. I don't know why I'm not curious. I don't know why nothing in the world interests me, while everyone my age seems so full of dreams and ambitions and hopes for the future. I don't know when it happened. At some point, while everyone was running towards a rosy horizon, I stopped in my tracks, looked back and got stuck there. «I don't know» I say. «I just don't care, that's all.»

We're all like that. To us nothing matters. We go wherever alcohol, loud music and soft drugs take us. We live for those moments when life's volume is turned a little higher, and when rooms fall silent we have nothing to say to one another.

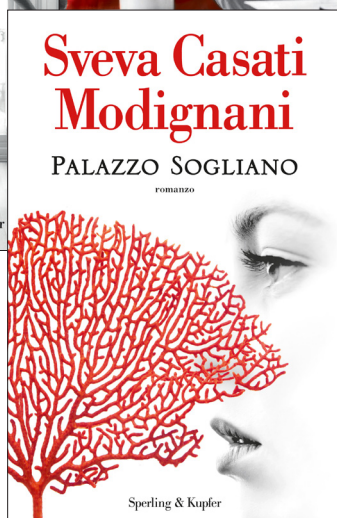
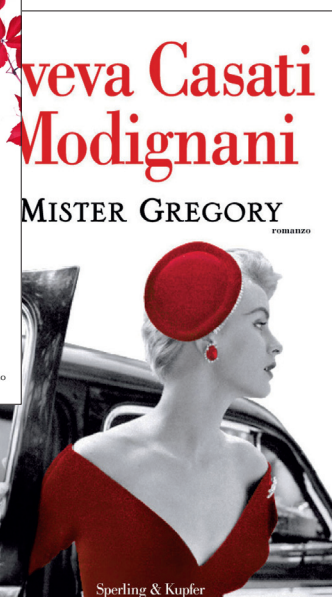
**YOU'VE SURVIVED YOUR DREAMS WHEN YOU REALIZE THAT
WHO YOU ARE IS WHAT YOU MAKE OF YOURSELF**

MARIAM TARKESHI, was born in Ancona in 1994, from an Italian mother and an Iranian father. She is studying foreign languages and cultures in Urbino. *Il registratore di sogni* [The recorder of dreams] is her debut novel.

35 YEARS OF SUCCESS!

OVER 12 MILLION COPIES SOLD!

25 LONGSELLING NOVELS!



«I have always written about what I see, what I perceive, what I feel – the lives of each and every one of us.»

SVEVA CASATI MODIGNANI SUITE 405

BESTSELLER



Publishing date: September 25th, 2018
Pages: 504

A NEW AND MAJOR NOVEL DELVING INTO OUR ERA WITH CANDOR AND PASSION

IN THE FEVERISH PACE OF EVERYDAY LIFE IN MILAN A THOUSAND DIFFERENT DESTINES BRUSH BY THOUGH RARELY MEET. BUT WHEN THEY DO THE CONTACT SETS OFF A SPARK THAT MIGHT JUST SHED A NEW LIGHT ON LIFE...

An expensive chauffeured car is speeding through the night on the motorway connecting Rome and Milan. In the back seat sits count Lamberto Rissotto, the successful owner of a major steel plant still turning a profit in spite of the economic crisis. The latest indiscretion of his gorgeous wife, Armanda, has put him once again in a hugely awkward position, and he is in a hurry to get home and break up with her once and for all. In the blackest of moods, he thinks back to his brief encounter with a stranger – «a very young, very beautiful, very classy» stranger – he has foolishly let slip through his fingers.

That same night another man is travelling on the same motorway. His name is Giovanni Rancati, and he is a union leader. He has driven his cheap and dusty car for thousands of kilometers, all the way to the South, to meet the workers he cherishes, to share their worries and do his best to protect their future. And now he is returning to Milan to his wife Bruna, a hairdresser who has saved every penny for years and now has finally opened a salon of her own. Giovanni and Bruna live in a working class neighborhood, in a tenement with communal balconies where every triumph and loss is aired out in the open, where making ends meet is a never-ending struggle and dreaming too big might cost you your life savings.

Lamberto and Giovanni come from very different worlds but – part by chance, part by necessity – they will eventually meet. Their encounter sets off a fascinating interweaving of life stories reflecting the world of today – a world still torn by contradictions and social strife and yet united by a profound, absolute yearning for justice and love.

THE ENCOUNTER OF UNFORGETTABLE CHARACTERS GENERATES A TANGLE OF DESTINIES REFLECTING TODAY'S SOCIETY IN ALL ITS CONTRADICTIONS

He was about to step into the lift when Stelvio, the veteran concierge of the majestic Roman hotel, walked up to him. In a low, deferent voice, Stelvio said: «Good evening, sir. Forgive the intrusion, but there's a lady waiting to see you. She asked me to call the gentleman in suite 405, specifying I should mention a mister Rosenberg sent her. I explained you had not returned yet, steered her towards the bar and had the barman offer her a drink. She's still sitting at the bar, reading a book.» «Do we know her?» asked the count.

For over two decades, whenever in Rome he stayed at the Excelsior, so he and Stelvio were close. «No, sir, we've never seen her before» said the concierge. «What I do know is the lady is very young, very beautiful and very classy.»

Foreign Sales PORTUGAL Porto, LITHUANIA Balto

Italian best-selling author **SVEVA CASATI MODIGNANI** is the pen-name for one of the most beloved contemporary Italian authors. She has always been living in Milan, a town she is deeply affectionate with and which has become the setting of many of her novels. This is her twenty sixth work with Sperling & Kupfer.

www.svevacasatimodignani.it

CARLOS SOLITO
LA BALLATA DEI SASSI
 The ballad of the stones



Publishing date: October 16th 2018
 Pages: 348

A LYRICAL, MUSICAL NOVEL; THE ON-THE-ROAD STORY OF A JOURNEY TOWARDS THE MAGICAL TOWN OF MATERA

AN INNER JOURNEY OF SELF-DISCOVERY THROUGH THE LIFE-STORIES YOU ENCOUNTER ALONG THE WAY

A tragic event drives Ettore to radically rethink his life and start out on a journey to rediscover his roots and the memories of his childhood in a magical place, the town of Matera, where he grew up with his grandparents and friends.

An unhappy love-story has driven Maria, editor for a publishing house in Milan, to close her heart and mind to the beauty of life.

One night Ettore and Maria have a brief encounter in Milan. Since then Maria will try to find Ettore again, following the traces he leaves behind in his journey without and within – the poems he writes, that will guide him to a more authentic life and will light a spark inside Maria.

Ettore's poetry takes Maria all the way to Matera, where she will encounter the stories and destinies of a vibrant community, living in harmony with its fairy-tale ancestral landscape – itinerant poets and peddlers of dreams; minders of underground galleries and theatre-loving housewives; old ladies fingering their rosary beads and sculptors communicating with stones.

Along the endless steps of a timeless world, living both under and above ground, Maria and Ettore will come to the end of their journey to the center of their hearts.

**MATERA IS A UNESCO WORLD HERITAGE SITE AND
 EUROPEAN CAPITAL OF CULTURE FOR 2019**

CARLOS SOLITO, born in Puglia, is a journalist and author, a photographer and film director. A traveller and travel-reportage buff, he has written for several newspapers and magazines, including Vanity Fair, as well as worked for publishing houses. He loves to write about far away places, exploring the roads not taken beyond the ordinary logic of "tourism". He is the recipient of several accolades for journalism and photography, most recently the «Mare Nostrum Award», «il Viaggiatore». He has directed docu-films, short films and music videos. His photographic work has appeared in exhibitions both in Italy and abroad (Paris, Montréal, New York, Shanghai, Berlin, Sidney, Bogotá, Prague).

GUIDO SARACENI
FUOCO È TUTTO CIÒ CHE SIAMO
 Fire is all that we are



Publishing date: May 28th 2019
 Pages: 288

NEW

A NOVEL ABOUT SCHOOL AND TEENAGERS THROUGH A DIRECT CONFRONTATION OF TWO DIFFERENT PERSPECTIVES – TEACHERS' AND STUDENTS'

Giulio teaches history and philosophy in a high school. He loves his job, gets on well with his students and is very popular on social networks. So much so the school principal has chosen him as school councilor for difficult students. Among his «clients» there's Davide, a senior student who got sent to the councilor's office because of a stunt he pulled off in the classroom. Davide is just an ordinary teenager. He has a girlfriend, a group of friends, a band he plays guitar with, a head full of questions... But in one respect he does stand out. While the majority of his peers lives for social networks he has chosen to stay off the grid. He has given up the virtual for the real, period.

A novel shedding a stark light on today's school environment as seen through the eyes of its two main protagonists – a student and a teacher.

DAVIDE

If you really wanna know, the kids around me are way crazier than you think. You think we're all the same, all of us happy and well adjusted, but that's just because you see us from a distance. Up close there's no such thing as «normal». It's like each and every one of us has chosen one thing, consciously or not, and taken it to the extreme. We are possessed by obsessive thinking, impossible dreams, overwhelming passions. We're all of us junkies, differing only in the nature of our drugs and in the tiny, almost imperceptible shades of our addictions. Some live for football, others for music, still others for politics – if you can call it that; mainly it's just raising hell at demonstrations, looking for a fight with the police and the «other side». The point is we are all addicted to something. We are «burned-out stars in seventh heaven», like the song says. We live for our addiction. Whatever it is, we obsess about it day and night, like nothing else matters, nothing can even compare. Fire is all that we are. Burning is all that we do. Like the Blues Brothers in that old movie, we're on a mission for God.

GIULIO

As I walk the halls going to my classroom I may look absentminded but actually I'm keeping a keen eye on you. Deep inside of me, in a secret corner I keep well hidden and protected, I know the truth. I can never say it out loud but the truth is I love you with all of my heart. Each and every one of you. You're a vital part of me. With your innumerable faults, your dramas, your immaturity – which, however insufferable, is physiological. You live to be seen and are desperate to look cool – which is to say as obtuse and insensitive as possible. Your role models are despicable – television trash, absentee fathers who gave up at the first hurdle, mothers growing more lonely, anxiety-ridden and neurotic by the minute. You swallow tons of fears and unresolved tensions day in and day out. It's no surprise then that some of you turn skinheads and Nazis. You wear those ridiculous, transparent uniforms to hide the thermonuclear war raging inside. But whatever you do, whatever rage you let loose, whatever unconscionable nonsense you spew out, I still see you as innocent victims. The sacrificial lambs of an establishment that considers you not at all.

GUIDO SARACENI teaches Philosophy of Law and Legal information technology at the university of Teramo, department of Law. On Facebook he discusses political issues, philosophy, jurisprudence, cinema, literature and current events. Trying his best not to lose lightness.

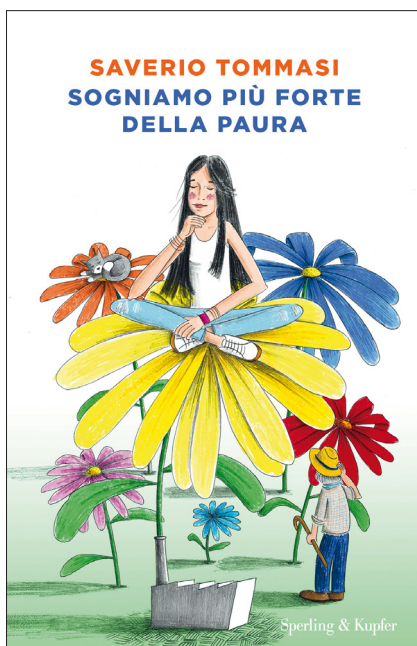
www.guidosaraceni.com / fb Prof. Guido Saraceni

SAVERIO TOMMASI

SOGNIAMO PIU' FORTE DELLA PAURA

Let's dream louder than fear

A MODERN-DAY FAIRY TALE, INVITING US WITH IRONY, KINDNESS AND A TOUCH OF MAGIC NOT TO LOSE HOPE IN OUR DESPARING WORLD



Publishing date: November 11th 2018
Pages: 216

Tall and skinny as a beanpole, sixteen-year-old Filadelfia has been called a thousand names by the school bullies. She walks around hugging walls, hoping people won't notice her – for if she escapes notice maybe she'll escape mockery too.

She was born in a tiny village but has recently moved to a large city, between the River Logoro [River Spent] and the Great Plain, forever obscured under a blanket of smog. The town owes its wealth to a factory owned by Ilvo, the most successful entrepreneur of the area, and no one seems to care that its fumes have poisoned the entire region. Or rather, some people had spoken up, but their protests were silenced by Ilvo's motto – «A little black dust never hurt nobody» – and by his strategically placed donations.

Filadelfia has just enrolled in her sophomore year at a new high-school run like a prison by the Principal, who segregates rebellious students in the basement, and by his female sidekick, a teacher known as The General for her military suits. The kids Filadelfia meets in her class span the whole spectrum. Bianca, called Nera by bullies, a black girl born in Italy but still without a passport; Filippo, a.k.a. «Pippo», a professional nose-picker; Rimini, a.k.a. Mare [Resort], a lover of discos and techno music; Felice Mastronzo, [Dick Duncie] who has no nickname since his name is more than enough; Afrah, known as «Boat», because that's how she arrived – off a boat of immigrants when she was seven years old; and Jasmine, known as «Yacht», because her family is filthy rich. Finally there's Mario, who is confined to a wheelchair but will find happiness again thanks to Filadelfia.

Filadelfia lives with Diva the cat, with her mom and her grandfather, a man so old and wise he seems to belong to a different planet more than just a different generation. And he himself feels like an alien, in a world where pesticides have wiped out all insects, trees are bare and the river is poisoned by pollution.

When Filadelfia's mom gets fired it's obvious she is being punished for the op-ed piece grandpa sent to the newspaper, denouncing Ilvo and his many accomplices. And when grandpa himself disappears without a trace it will be up to Filadelfia – helped by Mario and by Diva the cat – to start the search. But she won't just look for her granddad – she will start a fight to save the world. The odds are stacked against her, but this won't stop her from trying.

A MODERN-DAY FAIRYTALE BLENDING SOCIAL SATIRE, SWEETNESS AND MAGIC, CALLING OUR ATTENTION TO ILLS WE'VE GROWN INURED TO AND REMINDING US NEVER TO LOSE HOPE IN CHANGE.



**20.000
COPIES
SOLD!**

**SIATE RIBELLI,
PRATICATE GENTILEZZA**
Be rebels, practise kindness – 2017

SAVERIO TOMMASI was born and lives in Florence. A graduate of the Bologna Drama Academy he has been working in the theatre for almost ten years. Among other things, he has produced *La mafia (non) è uno spettacolo*, written with Piero Luigi Vigna. His work *Uguali a chi? Omocausto, un dramma dimenticato* won the Florence Literary Award for cultures of peace, dedicated to Tiziano Terzani. He is a reporter for Fanpage.it, a hugely successful news site. His films deal with the most pressing and sensitive issues of our times, taking a stand for the neglected, for people in need of a voice to tell their story. Saverio's commitment as an artist is to transparency and justice. His Facebook page has 500.000 followers. In 2017 he published with Sperling & Kupfer *Siate ribelli, praticate gentilezza* [Be a true rebel, practice kindness], reprinted 11 times with 20.000 copies sold.

www.facebook.com/SaveTommasi / youmedia.fanpage.it/user/SaverioTommasi

**For all those who are in over their heads,
who smile against the grain,
who dream of picking cherries,
who used to be afraid but then quit.
For those who say «welcome» in many different languages.**

«Grandpa is missing. He's gone, nobody knows where.»

Mario was listening to Filadelfia with a glass of orange juice in his hand, and when she finished talking he handed her the glass. Their thoughts seemed to be flying out of their heads, and sometimes met in midair. There was nothing they could do. They were just kids. If they had gone out on the streets they would have looked like freaks. Mario in his wheelchair and Filadelfia as tall and skinny as a beanpole. «A half man and a giraffe» thought Filadelfia.

Thinking wicked things about herself and others was something she did when she was scared. She didn't know why, she just did.

In truth she had never thought of Mario as a «half man». If at school someone called him «handicapped» she started coughing hard, so hard she seemed to be suffocating. But it was just a ruse, so those awful words would lose their way and never reach Mario's ears.

But now she scared. And when you're scared you do and think things you wouldn't even dream of thinking or doing when everything is fine. And right now things were everything but.

Like that time when she was little and she got lost.

On holiday, when she was eleven, she'd been distracted by the cinnamon scent wafting from the stand of a guy selling doughnuts and sweets. When she'd raised her eyes again her mother was nowhere in sight. So Filadelfia had started running fast, so fast she hadn't seen her mother just then coming back to look for her. She'd been frightened, and she'd seen a fat lady standing in her way, then two niggers selling junk, and stealing jobs. Then a whore in a miniskirt, an Arab terrorist, a miser from Genoa, a Sicilian mafioso and a filthy French frog. In those few minutes even a flaming queen passed her by.

She'd not exactly thought all of those things, but almost.

Then a lady with a huge straw hat – it was really colossal, perhaps the largest hat in the whole wide world – had helped Filadelfia find her mom by waving her huge hat in the air.

And Filadelfia had hugged the lady so tight, and when she'd realized her arms could not reach all around her she had recognized the fat lady from before, except now she was wonderful and kind, and if someone had called her fat Filadelfia would have started coughing really hard, so those words would lose their way and never reach the lady's ears.

But that was now, not before. And before Filadelfia was scared.

When she'd finally returned home grandpa had told her: «When you're scared you're short of breath because your ghosts are stealing it. Your demons thrive on your breath. That's why it's so important to know your fears, so you don't feed them.»

Filadelfia had taken the lesson to heart, memorizing every word, but being afraid is the easiest thing in the world, so sometimes she had relapses. Grandpa used to say that being afraid is even easier than walking. «Think about it» he said.

«A one-year old can't walk yet but already she knows how to be afraid.»

«Fear is a real bitch» thought Filadelfia. And also: «Will I ever see grandpa again?»



MATTIA OLLERONGIS
TANTE STELLE, QUALCHE NUVOLA
 Many stars, a few clouds



Date of publication: February 26th 2019
 Pages: 304

NEW

A FRESH AND CONTEMPORARY LOVE-STORY

A ROMANTIC, POETIC NOVEL FOR ALL BELIEVERS IN TRUE LOVE WHO ARE WAITING FOR THE ONE WHO WILL STAY

Miriam has a full head of wild red curls, a fragile soul and just the right touch of the rebel about her. In her twenty-five years of life she has mainly done two things: studying journalism and loving Antonio. But just as her greatest dream is about to come true her world falls to pieces. A whole life erased in just twenty-four hours. So she up and moves to a whole different city, Trieste, determined to rebuild her life from scratch. In Trieste she meets Davide, an aspiring young novelist whose life is also in ruins. It takes Miriam no time at all to fall in love with this young man whose sweet, tender voice somehow manages to sooth her. Maybe he really is the one. The one who will heal her wounds and bring order to her chaos.

A few beers on the seaside and a stolen kiss mark the beginning of a beautiful new love story. It all goes swimmingly until Davide is offered the opportunity of a lifetime and chooses to move to the States to chase an elusive dream of his own. It could be the end but true love always finds a way, like a caress just when you needed it most.

I believe our fragility has a purpose, because there's a light inside each and everyone of us and it's tiny cracks that allow it to shine through and capture the attention of someone who might otherwise have kept walking without ever knowing they had come across something so beautiful as to utterly change their life. Fragility has a purpose. What matters is not to break down.

«Love and life go well together.»

«Love is an easy game for kids out to hurt each other.»

MATTIA SIGNORELLO, pen name **OLLERONGIS**, was born in 1995 and has always lived in Trieste. In 2015 he made his debut on social networks, sharing thoughts and poetry that took over the web with hundreds of thousands of followers. The things he dreams of turn into words, as in the collection of poetry *123 battiti* (123 heart beats). His passions are travel, TV series and reading anything with an ironic or mysterious slant. *Tante stelle, qualche nuvola* (Many stars, a few clouds) is his first novel.

SILVIA CIOMPI
TUTTO IL MARE È NEI TUOI OCCHI
 All the sea is in your eyes

AN INTENSE AND VISCERAL NEW STORY BY SILVIA CIOMPI

AN UNEXPECTED, OVERWHELMING LOVE-STORY TAKING LIFE BY STORM, AS CAN HAPPEN ONLY AT TWENTY

Clever, smug and drop-dead gorgeous, Bolo is committed to the football stadium. For that was the place where he learned to walk, run, lead cheers and fight for the team. He has loved only once in his life but the girl broke his heart, stealing a part of him he can never get back. So now love is not in cards. But life is unpredictable, and Geghe, with her dark eyes and her intoxicating smile, lands in Bolo's life like adrenaline shooting through his veins. They both know they are too different to be together, but love hits them like a well-placed sucker punch. A love that grows between their school books and the lights of a Tuscan harbor. Unexpected and overwhelming, a love taking life by storm, as can happen only at twenty.

THE AUTHOR HAS OVER 4 MILLION FOLLOWERS ON WATTPAD AND OVER 20.500 ON INSTAGRAM

SILVIA CIOMPI, born in 1993, lives in Tuscany. A graduate student in Science of communication, she has been writing since forever and still writes every chance she gets – journals, poems, short stories and now novels. *Tutto il buio dei miei giorni* (2018) was her debut novel, published on Wattpad and then in book form.



Publishing date: June 4th 2019
 Pages: 308

NEW



TUTTO IL BUIO DEI MIEI GIORNI
 All the darkness of my days – 2018

**ALL THE DARKNESS OF MY DAYS,
 THE DEBUT NOVEL THAT CONQUERED THOUSANDS OF WOMEN READERS**

CAROLA VANNINI
A TE, CHE MI HAI SALVATO LA VITA
 To you who saved my life



Publishing date: June 4th 2019
 Pages: 176

NEW

FOLLOWING THE SUCCESS OF *AVEVO SOLO UNA MANCIATA DI STELLE* (ALL I HAD WAS A HANDFUL OF STARS), A NEW CONTEMPORARY FAIRYTALE ON THE MAGIC BOND BETWEEN DOGS AND HUMANS

It looks like nothing at all, but the Tram Bar, on the edge of a small field of green and close to the tracks of streetcars giving it its name, is a very special place. The field is for dogs, making the Tram Bar the faithful guardian of the manifold stories of canines and humans, walking through life side by side.

Every day, at the very heart of Rome, the bar is filled with the hum of conversations, the clinking of coffee cups and the joyful chorus of running dogs. It is the meeting place of the neighborhood and the hub of life-stories of locals, passersby, regulars, and of course their loyal four-legged friends.

A crossing for all sorts of life-paths, almost suspended in time, pulsing with an energy as unique as magic.

CAROLA VANNINI lives in Rome where she works as an architect and designer. Writing has always been her secret dream. An animal lover with a passion for dogs, she started volunteering in dog-shelters and finally did her bit, by adopting Ruby and writing his story, published by Sperling & Kupfer with the title *Avevo solo una manciata di stelle*.



BACKLIST
 FOREIGN SALES - PRIZES

AVEVO SOLO UNA MANCIATA DI STELLE All I had was a handful of stars – 2015
 Foreign Sales GERMANY Bastei Lübbe

CLAUDIO PELLIZZENI

IL SILENZIO DEI MIEI PASSI

My silent footsteps



Publishing date: May 28th 2019
Pages: 288

NEW

THE CAMINO DE SANTIAGO, OR THE WAY OF SAINT JAMES, LIVED IN TOTAL SILENCE. THE STORY OF A RIVETING EXPERIENCE – A JOURNEY, A CHALLENGE, A PRAYER; LIFE ITSELF

A NARRATOR WHO HAS ALREADY CONQUERED THE WEB, THE BOOKSTORES, THE PRESS, RADIO AND TELEVISION; CLAUDIO PELLIZZENI IS ONE OF ITALY'S MOST APPRECIATED TRAVEL BLOGGERS

Every year numberless people take the «Way», the journey par excellence. Some embark on the walk as a religious pilgrimage, others as a symbolic stage of personal growth. Others still see it as a necessary experience in the life of a true traveller. For Claudio Pelizzeni, who for three years travelled around the world without ever boarding a plane, the Camino meant returning to the very essence of travelling, «the encounters, the people, life itself. Travelling in harmony with the seasons and the pace of the sun». Off the grid that dominates his – and our – everyday life, to tune in with the self, one's body and mind. And making a vow of silence, so as to tune in with others – embracing the life stories encountered along the way.

I am a pilgrim on the Way of Saint James.

I have chosen to walk it in silence.

Speak to me.

I will answer in my writing.

IN OUR COLLECTIVE MINDS THE CAMINO OF SANTIAGO IS THE JOURNEY PAR EXCELLENCE – THE PIVOT OF ALL TRAVEL AND INSPIRATIONAL LITERATURE



BACKLIST
FOREIGN SALES - PRIZES

CLAUDIO PELLIZZENI was born in 1981 in Codogno and grew up in Piacenza. For almost ten years he worked as bank teller, then quit and set off for a journey around the world without planes. During his three years of travelling he launched a blog, Trip Therapy, and his videos went viral. On his return he self-published the story of his adventure, *L'orizzonte ogni giorno un po' più in là*, an instant success later republished by Sperling & Kupfer. Since then, for Claudio travelling has been not just a passion but life itself.

L'ORIZZONTE OGNI GIORNO UN PO' PIÙ IN LÀ 12 miles from happiness – 2017
Foreign Sales FRANCE City Editions

ESTEBAN LABRUNA

STORIE PER CHI NON VUOLE DORMIRE

Bed-time stories to keep you awake

The most frightening Creepy Pasta emerging from the belly of the Web

**BEWARE OF THE DEEP WEB AND EXPLORE IT AT YOUR OWN RISK
IF WILL FRIGHTEN YOU OUT OF YOUR WITS**

«Creepypasta» stories will chill you to the bone. From the deep end of the dark web, from its most obscure and unexplored recesses, come the unimaginable truths told in these stories, originating from mysterious videos posted by anonymous Internet users or from tales buried deep in the net.

A page-turner impossible to put down though it will fill your nights with blood-curdling nightmares. If you love thrillers; if you seek explanations for the inexplicable; if you are aware of the many dimensions of reality and want to explore its darkest and most spookiest layers - this is the book for you.

**A COLLECTION OF TERRIFYING STORIES BLENDING REALITY AND OBSCURE
REVELATIONS THAT WILL CHILL YOU TO THE BONE**

ESTEBAN LABRUNA, was born in Cataluna but has lived in the States since he was four. He earned a degree in journalism at UCLA, Los Angeles, in 1993. He now lives and works in Florida. His father, a published author suffering from a rare form of autism, left him a treasure trove of unpublished writings, journals and letters, from which Labruna selected and elaborated this unique collection of horror stories and Lovecraftian tales, closely connected to some of the spookiest Creepypasta stories in the last fifteen years.

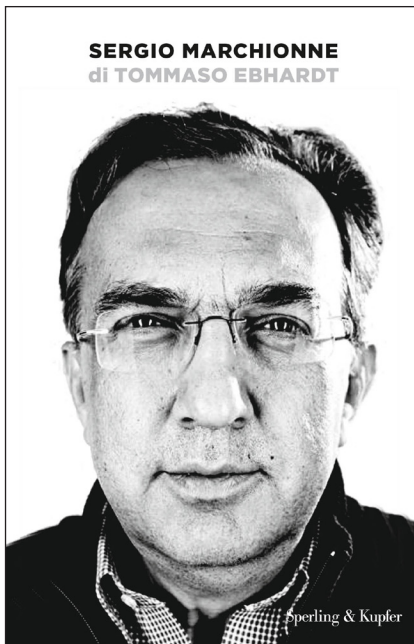


Publishing date: November 13th 2018
Pages: 304

Sperling & Kupfer

NON FICTION

TOMMASO EBHARDT
SERGIO MARCHIONNE
 or CHASING MARCHIONNE – Searching for the sweaterman



THE LEADERSHIP, THE DAUNTING CHALLENGES AND THE SECRET THOUGHTS OF A WORLD-CLASS CEO, RECOUNTED BY THE JOURNALIST MARCHIONNE HIMSELF USED TO CALL «MY MOST AFFECTIONATE STALKER»

- Under his leadership, his company's share value increased over ten fold in fourteen years.
- He turned a bankrupt company into a powerful global group.
- He trampled rights achieved by workers with decades-long struggles.
- He set out to conquer the markets at the height of the economic crisis.
- He never spoke of himself in public.

In the portrait drawn by **Tommaso Ebhardt** – including exclusive witness accounts from the CEO's personal and professional circles, both in Italy and the States – Marchionne emerges as a complex and multifaceted man, gradually revealed through rare interviews and even more confidential private conversations with **the journalist who followed him step by step, from the Lingotto in Turin to Detroit, from Wall Street to his Michigan home on the banks of a frozen lake.**

NOT JUST ANOTHER BIOGRAPHY BUT A BLOW-BY-BLOW ACCOUNT OF THE CHOICES, STRATEGIES AND EVERYDAY LIFE OF THE CEO WHO TURNED FIAT AROUND.

A VISIONARY AND A CONTRARIAN, RESERVED TO THE POINT OF RETICENCE, MARCHIONNE WAS A CONTROVERSIAL AND CONTRADICTORY FIGURE – A LEADER UNDER THE SPOTLIGHTS AND YET STILL LARGELY ENIGMATIC.

Publishing date: May 14th 2019
 Pages: 240

NEW

**ENGLISH CHAPTERS
 AVAILABLE**

• **THIS BOOK IS AN IN-DEPTH EXTENSION OF THE REPORTAGE POSTED BY EBHARDT ON SOCIAL MEDIA IN JULY 2018, WHICH WENT VIRAL AND WAS PICKED UP BY DOZENS OF MEDIA OUTLETS THE WORLD OVER, FROM BBC TO SKY.**

• **BLOOMBERG NEWS' TOP EDITORS IN EUROPE ARE BACKING TOMMASO'S EFFORT.**

TOMMASO EBHARDT, (Treviso, 1975) is a special correspondent for Bloomberg, the American financial news giant he has been collaborating with since 2005. For many years he was the reporter closest to Marchionne, and a witness to paramount events in the CEO's professional and personal life.

«I've been chasing Marchionne for about a decade, all over the world. I once drove seven hours over the Alps, then spent hours more in front of a closed door on a frozen Swiss Sunday morning trying to get him to speak, with no success. I got into the Detroit auto show at 6 a.m. via the back door to find him already walking around the carmaker's stand, hours before his press conference. All he would do is exchange a few words. I fought in the scrum of dozens of reporters following him at every public occasion to ask the first question.

My pursuit was so obsessive that when I turned 40 and my friends threw me a surprise party, the cake featured a picture of Marchionne.»

«The journey to self-discovery can be full of pitfalls, but you'll have to do it autonomously, without avoiding hurdles. Search for your own way by yourself, change it as many times as you like, follow your dreams.

Don't let education, habits, your own bias become a prison.

Always have the courage to change yourself -- your ideas, your approach, your point of view -- because that's the only way to change things that don't work and to improve your life and that of many others.

And as you follow your own way, keep in mind who you want to become.

Think about which impression you want to leave, what difference you want to make.

Remain ambitious in your goals as resigning yourself to a mediocre life is never worth it.»

Original copy of the Oct. 2 2017
keynote speech given by Sergio
Marchionne at the University
of Trento, Northern Italy.
I found the text, stained
dark brown with balsamic
vinegar, in the bottom
drawer of my desk
at the Bloomberg
News bureau
in central Milan
in August 2018.



MASSIMILIANO ALLEGRI È MOLTO SEMPLICE

It's very simple



Publishing date: April 9th 2019
Pages: 192

NEW

IN FOUR YEARS UNDER THE COACHING OF MASSIMILIANO ALLEGRI, BETTER KNOWN AS «THE LEADER», JUVENTUS F.C. HAS WON 72% OF ITS GAMES, WITH 179 VICTORIES OVER 247 MATCHES

HIS SECRET? SIMPLICITY. A PHILOSOPHY YOU CAN APPLY TO ALL OF LIFE'S CHALLENGES

Allegri believes teams don't win by following a playbook but by tapping the inventive, resourcefulness and creativity of each single player. And by allowing the freedom to improvise. It's the power of simplicity and the very foundation of his approach. A philosophy we can apply to any situation – from sports to jobs to school. In this inspirational book Allegri reveals all the secrets to do so.

Through lessons, anecdotes and autobiographical examples, the art of success as taught by one of the greatest coaches in the world.

«80% of any performance, whether in or outside the field, depends on your psychological approach. The secret is to absolutely believe you can do it, to get rid of all negativity, to stop worrying about past failures.»

«It's crucial to shift our focus from standard playbooks back to the individual. We must teach our youth to think and be ambitious without depriving them of their individual creativity and imagination.»

«Every single victory is great and an event all unto its own, because victory is never a given.»

32 RULES FOR ANYONE AIMING FOR SUCCESS AS A TRUE LEADER

Foreign Sales NETHERLANDS Karakter

MASSIMO ALLEGRI, is a record-breaking coach. With A.C. Milan he won **an Italian championship and Supercoppa**, and with Juventus F.C. he won **four consecutive championships, four Coppa Italia e one Supercoppa. The recipient of four Panchina d'Oro awards, three AIC awards for best coach**, and of the **National Enzo Bearzot Award**. After a career as professional footballer, playing for teams from Naples to Cagliari, MASSIMILIANO ALLEGRI began his adventure as coach in 2003. After his debut in Serie A (national league) he coached A.C. Milan for four years and is now coach and motivator of Juventus F.C.

RULE NO. 5

«Authenticity, direction and a little empathy.
Such are the perfect ingredients to earn the trust of players.»

[...] From the practical example to the rule, which we can now sum up as: «How to earn the trust of players through empathy, authenticity and method». These three concepts are actually the basic components of trust. «**Empathy**» is the ability to feel what others feel. Knowing I empathize my players feel safe; they feel their coach understands them and is on their side. Plus, my empathy fosters empathy within the team and improves the game, as each player knows what the others expect of him. So it really becomes a group effort. The second concept is «**authenticity**». I define it as the ability to be true to yourself knowing you'll be valued as such. Knowing their coach is authentic players will make twice the effort to do what is being asked of them. And the bond of authenticity also emerges between players. No one is bluffing. Everyone does his absolute best because as if by magic being authentic has become the rule of the game. And then there is the third concept for the conveying of trust. I am referring to the «**method**», by which I mean the set of data, indications and game plans giving players their «direction». It's like the star for the Magi. They know they need to follow it but without renouncing individual creativity. We're going for trust, not brainwashing! And the objective becomes a shared guideline, a «collective idea».



FRANCESCA CORRADO IL FALLIMENTO È RIVOLUZIONE

Failure means revolution
Why it's good to get it wrong



Publishing date: February 5th 2019
Pages: 320

NEW

THE SECRETS TO ACCEPTING OUR MISTAKES AND PUTTING THEM TO GOOD USE

WE ALL TAKE A FALL. WE ALL MAKE MISTAKES. BUT ONLY THOSE WHO GET BACK ON THEIR FEET CAN RUN TOWARDS THE FINISH LINE

You learn by your mistakes. How many times were we told as children? It's how we learned to walk, talk, ride a bicycle. And yet as adults we tend to consider mistakes as a dead end and to experience anxiety and frustration at every failure.

But what if the one true mistake were seeing life as a smooth course with no obstacles whatsoever? And what if we were to accept that mistakes are not detours and interruptions but par for the course?

What if we changed perspective and see that what hurt us yesterday actually put us on the right track today?

Francesca Corrado faced a number of falls in her life and at the time saw them as failures. But she managed to get back on her feet and rethink her experience taking advantage of all the new things they had brought her, teaching her crucial lessons. She then brought together a team of outstanding psychologists and neuroscientists and founded the Failure School, a unique institution in all of Europe. Now her classes are helping young students, workers and managers, but also people who've had their hearts broken and feel oppressed by their defeats. In this book Francesca Corrado recounts her experience as teacher and counselor, and teaches us to accept our mistakes as a crucial step for a better understanding of our selves, our limits and talents.

A straightforward and practical program teaches us to accept mistakes, take them less seriously and put them to good use. A practical method with an immediate impact to help us change our outlook and welcome mistakes.

«Success is the sum total of our defeats.»

Francesca Corrado

A PRACTICAL AND UNIQUE 6-STEP METHOD THAT IS ALREADY CHANGING THE LIVES OF THOUSANDS

«A revolutionary method teaching us to put our mistakes to good use for success.»

– LA REPUBBLICA

“The secret for success? Learning to lose»

– LA REPUBBLICA.IT

«An innovative school with an immediate impact on our learning curve.»

– VANITY FAIR

«Learning from our mistakes is a must. It's not just commonsense. It can become a true philosophy of life.»

– RDS

FRANCESCA CORRADO, is a researcher and teacher in economics. She is chairwoman of Play Res, a non profit start up in the field of games and edutainment, and the creator of the first Failure School, whose mission is the spreading of a healthier attitude towards failures and mistakes, both in our school and our working lives. Francesca lives in Modena but travels all around Italy to teach her courses and follow her passions. Her motto is: You need to aim for the impossible for the impossible to come true.

www.elogiodelfallimento.com / www.francescacorrado.com

The paradox of success is how interwoven it is with failure.

And the paradox of failure is that it is multifaceted, and not all its facets are negative. Which is precisely what we need to learn to overcome failure. We need to learn not to focus exclusively on the pain, the anger, the shame and guilt it causes us.

We need a change in our perspective to make space and bring light to the darkness generated by the unplanned and the unwanted. This space can only emerge from a new way of looking at our problems and seeking for the best solution.

When something bad happens – we lose an important client, a project goes awry, an event we organized turns into a fiasco etc. – we tend to become hypercritical in our self-assessment, and are quick to label as «mistake» any deviation from the course and as «failure» its final result. This is how we allow failure to distort our outlook, making it impossible to move on and take new risks.

But the lives of athletes, managers, scientists, artists, ordinary people who led extraordinary lives all have one thing in common – none are immune to failure. **A real champion is a super-loser.** A true champion is always aware of the possibility of defeat and knows how to take it.

All successful people teach us something about flops and fiascos. But the main takeaway is that the real weakness lies in giving up. And that one sure-fire way to eventually win is to keep trying, again and again.

So let's say that after reading these pages you'll be persuaded that **mistakes have value and there is beauty in failure**, and you decide to try and change your perspective. What then?

Eloise Ristad, author of *A Soprano on Her Head* (1982), is quite clear in this regard: «In allowing ourselves to fail we are also allowing ourselves to excel».

Research has shown that ironically **the more mistakes we make the more we are likely to achieve brilliant results.** Each new attempt increases the chances of success.



GIANCARLO FISICHELLA WITH CARLO BAFFI IL PROFUMO DELL'ASFALTO

The scent of tarmac
The romance of F1



Publishing date: November 6th 2018
Pages: 224

THE GREATEST CHAMPIONS, THE RIVALRIES, THE STRATEGIES, THE IMPOSSIBLE FEATS AND THE MOST DANGEROUS CIRCUITS – ALL THE RIVETING INGREDIENTS OF THE GREATEST SPORT'S STORY EVER – THE STORY OF FORMULA 1

Formula 1 is an epic contest of roaring engines, historic rivalries and subtle war strategies at the padlock. Above it all it is the epic of pilots – the ever-disciplined and scientific, like Michael Schumacher, and the tragic heroes, like Ayrton Senna – polar opposites in personality but equally hooked on the scent of tarmac.

Giancarlo Fisichella was a protagonist of the golden era of F1, and has collected for this book the most unforgettable stories that all sports fan must know, recounting them in the style of a great saga. The champions that have become legend, the most insidious tracks; groundbreaking car models and races won on the razor's edge, pushing the boundaries of speed, skill and death.

A majestic book to relive every day the thrill of the race.

THE PERFECT GIFT FOR RACE BUFFS AND FOR ALL READERS WISHING TO RELIVE THE GOLDEN ERA OF FORMULA 1

WITH TWO SPECIAL PORTRAITS OF SENNA AND SCHUMACHER

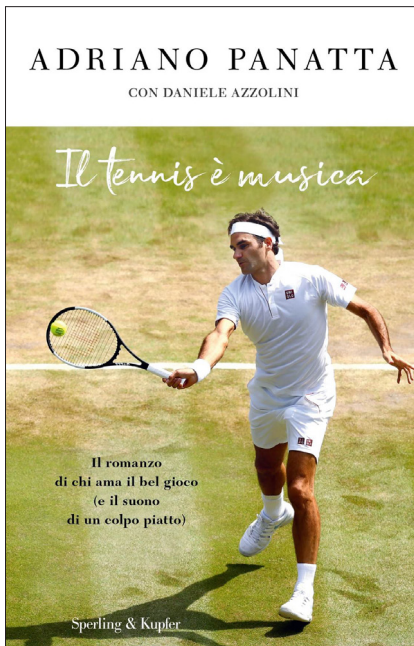
GIANCARLO FISICHELLA was an F1 pilot from 1996 to 2009, and the winner of three Grand Prix races. Today he competes in the Endurance championship for Ferrari and is a regulator car-race commentator on Sky. Beloved by fans, he was also the voice actor for the character Boost in Cars.

CARLO BAFFI, great care race expert and F1 buff, followed his first Grand Prix in 1978 and hasn't stopped since. He writes for Paddock magazine and for Italiaracing.net.

ADRIANO PANATTA with DANIELE AZZOLINI IL TENNIS E' MUSICA

Tennis is music

The romance of tennis for tennis lovers



Publishing date: November 6th 2018

Pages: 240

EPIC TRIUMPHS, HUMILIATING DEFEATS AND THE SECRETS OF CHAMPIONS IN THE FIRST-HAND ACCOUNT OF A UNIQUE WITNESS

THE BEST AND MOST THRILLING FAIRY-TALES OF TENNIS, TO RELIVE THE UNFORGETTABLE MOMENTS OF MILESTONE TOURNAMENTS

The thrill and entertainment of tennis is unmatched among all spectator sports. A tennis match is a duel between two champions, battling for hours while spectators hold their collective breath. And for this book Adriano Panatta has selected the most breathtaking and amazing challenges he was a witness to in his career as both champion and commentator. His victories over Bjorn Borg at the time the Swedish champion was undefeated. The epic Borg-McEnroe battle at Wimbledon. The rivalry between Nadal, the uncontested king of the Roland Garros, the French Open, and Federer, the immortal. The feats of women champions. The masterful aces, the humiliating defeats, the secrets of champions, all told in the unique voice of a first-hand witness and player.

A BOOK TO RELIVE THE SUSPENSE, THE EXULTATION AND THE ATMOSPHERE OF THE GREATEST TENNIS MATCHES IN RECENT HISTORY

THE PERFECT GIFT FOR MILLIONS OF TENNIS BUFFS

ADRIANO PANATTA is the number one Italian tennis champion. He won 10 international titles and has a following of millions. In 1976 he was captain of the team that won Italy its one and only Davis Cup. Since he left the courts he has been tennis commentator for Rai, council member for sports in the Rome region and a television celebrity.

DANIELE AZZOLINI, was editor-in-chief and reporter for several a number of magazines. He directed the monthly *Matchpoint Tennis Magazine* and now oversees *OKTennis.it*. He is the author of several books on sports and the recipient of many awards. He also co-authored Panatta's first book, *Più dritti che rovesci*

PAOLO BECCHI
ITALIA SOVRANA
 Sovereign Italy

A VEHEMENT PAMPHLET ON THE MOST HOTLY DEBATED ISSUE IN PRESENT-DAY EUROPEAN POLITICS – SOVRANISM



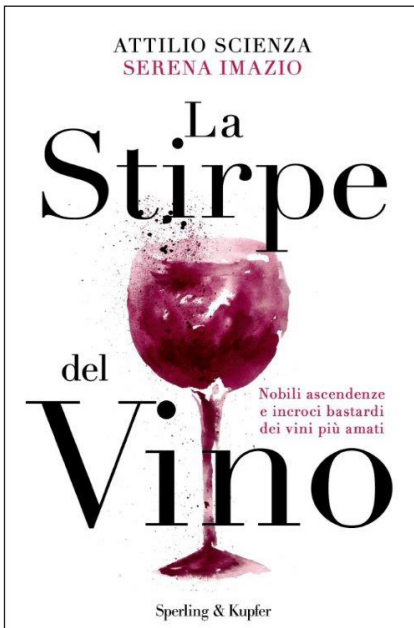
Publishing date: October 30th 2018
 Pages: 192

A vehement pamphlet on today's most debated issue – the need for a Sovereign State, defending citizens from the heavy-handedness of the European Union, from the blackmail of markets and the annihilation of cultural identities brought about by globalism.

The author, one of the first thinkers to argue for a fully sovereign Italian State, now wonders: what kind of policies would that entail? To begin with, a focus on the protection of citizens' rights (jobs, welfare, security) against European agreements that spelled the end for social security. And laws to contain immigration and protect national borders, issues on which several European states are already aligned. Not in order to bring back racial prejudice but to redeem national values, traditions and identities. For without nations, without national borders and roots there can be no Europe, just the EU, a technocratic body controlled by the elite ruling global markets and based on American liberal radicalism.

A project outlined in an outspoken, forceful style; a strategy for the creation of a sovranist-populist political force overcoming the old distinction between the right and left, fighting against the economic, financial and political shackles imposed by the EU.

PAOLO BECCHI (Genoa, 1955) teaches Philosophy of the law at the University of Genoa. He is the author of a long list of publications, and was awarded an honorary degree by the Eötvös-Loránd University of Budapest. Tagged at first by the media as the ideologist of the 5 Stars movement, he has been working for the transformation of the Lega Nord into a national Lega adopting sovranist principles he was among the first Italian theorists to define. He is a columnist for the newspaper «Libero» and blogger for «il Fatto Online».



Publishing date: November 20th 2018
Pages: 256

ATTILIO SCIENZA AND SERENA IMAZIO **LA STIRPE DEL VINO** THE ANCESTRY OF WINE

Noble ancestors and plebeian interlopers in the family tree of the best-loved wines

THE ULTIMATE REFERENCE BOOK TO UNDERSTAND THE ORIGINS OF GREAT WINES AND VINTAGES

In the beginning was the Pinot. A voluble but supremely elegant vintage, it was perfected by Benedictine monks in the Dark Ages. And from Pinot, through surprising crosses, have descended great vintages, such as that other king of Bourgogne, Chardonnay. Traminer, yet another of Pinot's closest relatives, has generated the Chenin blanc of Loire, Austria's Silvaner, Madeira's Verdelho.

These and many other unexpected relations have come to light through the retracing of the family tree of the *vitis vinifera*. DNA analysis has revealed that the many and diverse vintages now flourishing around the world actually all descent from the very same ancestors. How did they differentiate? Why are their traits so distinctive? For the first time ever, delving through history, myth and sciences, a book unveils the fascinating genealogy of today's best wines.

AN INNOVATIVE WORK BLENDING HISTORY AND CUTTING-EDGE SCIENCE, WITH LOADS OF FASCINATING INFORMATION ON VINTAGES AND THEIR STRANGE HYBRIDIZATIONS

ATTILIO SCIENZA IS THE NUMBER-ONE ITALIAN EXPERT ON VITICULTURE AND AN INTERNATIONAL AUTHORITY ON ENOLOGY, WITH OVER THREE-HUNDRED-FIFTY SCIENTIFIC PUBLICATIONS

ATTILIO SCIENZA teaches viticulture at University Statale in Milan. He collaborates with all major food and wine journals, consults for Italy's best wine producers and for years has been a leading researcher in the DNA of grapevines.

SERENA IMAZIO is a researcher specialized in plant genetics, the evolution and history of landraces and nutrition.

MARCO MOTTA CON JONATHAN ARPETTI

IO E SPIKE

Spike and I



Publishing date: August 28th 2018
Pages: 192

IN A DIRECT AND UNSENTIMENTAL STYLE, ALTERNATING BETWEEN PERSONAL LIFE AND MISSIONS ON THE FIELD, MARCO MOTTA RECOUNTS THE STORY OF A UNIQUE COLLABORATION AND FRIENDSHIP

Some events mark a Before and After.

Before all was quiet.

Then Giovanna shook me awake. «There's been an earthquake... »

Thus begins the story of Marco Motta, a volunteer with the Red Cross who, on the night of August 24th 2016, was called in to help in the rescue of the populations hit by a devastating earthquake in Central Italy.

But that night, as in countless instances before, Marco was not alone. He was with Spike, his faithful companion and tireless helper in rescue operations – a border collie who has trained alongside him in the art of saving lives. As they reach the place of the tragedy, Marco and Spike see firefighters already at work among the ruins. The few inhabitants still able to function are collaborating with the rescuers, pointing them to the houses where others might be trapped. After that it is Spike who braves the craters and the unsafe structures still standing to then signal with a special bark the presence of human beings. Either dead or alive.

Marco's testimony allows us to relive tragic moments through the valor and the hopes of rescuers, the compassion and pain of assisting the dying, the exultation of bringing the injured back to light and to life.

To explain the path that brought him to that hellish night Marco recounts his beginnings as rescuer, the ideals that inspired his choice and his experiences with the Red Cross, up to the encounter with the amazing dog that worked beside him in those days. A special dog whom Marco loves «like my own child». All readers of his story will feel exactly the same.

«Heaven goes by favors.
If it went by merit,
you would stay out
and your dog would go in.»
MARK TWAIN

MARCO MOTTA is a Milanese architect whose life passion was his work as volunteer for the Red Cross. After years of experience he met Spike (a border collie, considered by experts the most intelligent of all dog breeds). Since then man and dog have forged an amazing bond. On March 1st 2018 Marco was nominated Dog Unit Officer for the Crisis Area of the Red Cross.

JONATHAN ARPETTI emerged as a writer with the novel *Fino alla fine del mondo* [Until the end of the world] and then went on to win the literary prize for new authors organized by Radio 24 at the 2010 Salone del Libro in Torino with his second book, *I love Ju*. He is the founder of the Gulliver school for creative writing and the organizer of the Scrivere Festival of Macerata. In 2017 he published *Tiro libero*, written in collaboration with Simone Riccioni and tied-in with the film by the same title.

MASSIMO VACCHETTA CUORE DI RICCIO

Hedgehog heart

The story of the tiny teacher who taught me courage

THE SEQUEL TO 25 GRAMMI DI FELICITÀ (A HANDFUL OF HAPPINESS), THE STORY OF A VETERINARY AND HIS TINY HEDGEHOG THAT HAS CAPTIVATED READERS THE WORLD OVER

Three years ago Massimo gave up his veterinary clinic to open a rehabilitation center for wild hedgehogs, a species on the verge of extinction. He works and lives everyday in the company of Lisa, a semi-paralyzed hedgehog whose condition made it impossible to release her back into the wild. And Lisa's sweetness and will to live will teach Massimo the importance of taking care of others. When his mother falls ill, Massimo will finally overcome their past conflicts and rediscover the tenderness at the heart of their bond.

Foreign Sales ROMANIA Polirom

MASSIMO VACCHETTA lives in Northern Italy and worked for twenty years as a large animal veterinarian. Two years ago he opened a shelter and rehabilitation center for hedgehogs called «La Ninna». He is chairman of the association «La Casa dei ricci» [The hedgehog home], whose mission is the protection of hedgehogs and their environment. In 2017 Massimo Vacchetta has published with Sperling his first book *25 grammi di felicità*, recounting his story and arousing a great national and international success.

www.lacasadeiricci.org



Publishing date: November 20th 2018
Pages: 200

BESTSELLER



**30.000
COPIES SOLD!**

THE AUTHOR'S PREVIOUS BOOK - 25 GRAMMI DI FELICITÀ

- HAS SOLD OVER 30.000 COPIES (AND WE'RE STILL COUNTING) IN THREE SUCCESSFUL EDITIONS
- HAS BEEN ON BEST-SELLER LISTS FOR TWO YEARS RUNNING
- HAS BEEN SUBLICENSED TO 12 DIFFERENT COUNTRIES
- HAS BEEN REVIEWED BY MAJOR INTERNATIONAL NEWSPAPERS AND MAGAZINES
- HAS A FIVE-STAR RATING ON AMAZON AND WAS A BEST-SELLER IN THE BOOKS ON PETS CATEGORY

The book by Mr Vacchetta offers a message about the power of small act of kindness
– **THE WALL STREET JOURNAL**

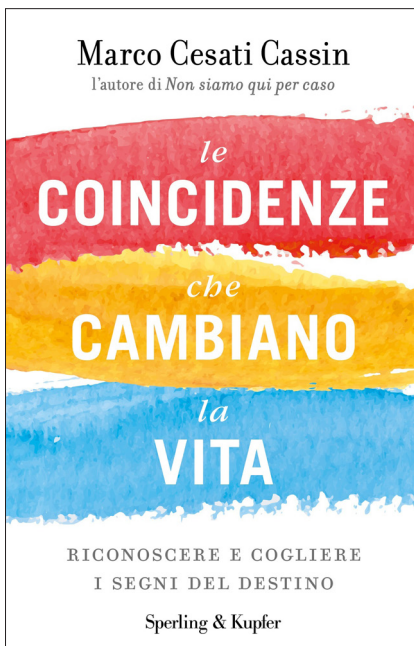
I've been reading a chap's memoir of how a rescue hedgehog has brought him emotional salvation. It's a very good read – once you get over the fact it's a grown man writing a moving tribute to a hedgehog
– **THE TIMES (from The lowdown column by Ben Clatworthy)**

It's the surprise spring bestseller that'll leave pawprints on your heart
– **THE MAIL ON SUNDAY**

**BACKLIST
FOREIGN SALES - PRIZES**

25 GRAMMI DI FELICITÀ' A handful of happiness – 2016

Foreign Sales FRANCE City Editions, GERMANY Penguin Verlag, THE NETHERLANDS Bruna Uitgevers, SWEDEN Nona, USA Rodale, UK Quercus, JAPAN HarperCollins Japan, PORTUGAL 20/20 Editora / Nascente (Ilidio Matos), ROMANIA Polirom, FINLAND Aviador, SPAIN Principal de los Libros, POLAND Wydawnictwo Quello



Publishing date: September 11th 2018
Pages: 196

MARCO CESATI CASSIN LE COINCIDENZE CHE CAMBIANO LA VITA

Life-changing coincidences

How to identify and grasp the signs of fate

AFTER THE SUCCESS OF *NON SIAMO QUI PER CASO* [WE'RE NOT HERE BY CHANCE] MARCO CESATI CASSIN RETURNS TO THE THEMES THAT MADE HIM FAMOUS

NEW AND AMAZING STORIES TO PROVE WE'RE NOT ALONE ON EARTH

Some people are magnets for coincidences. Not coincidences as in a random clustering of events but the kind Jung defined as «significant» or «synchronicities». Those magic, extraordinary moments when we come across the right person to help our projects along, notice the sign that will inspire the right choice, encounter unknown forces pointing us in an unexpected of direction. All of these are instances of fate coming to the rescue. Whether in the form of recurring numbers, of inexplicable cases of parallel lives or of omens, signs speak to us. Help, guide and protect us.

And sometimes they seem «bad» at first, but will eventually turn out to be benevolent twists allowing us to follow our true vocation and to find fulfillment.

For years now Marco Cesati Cassin has been studying significant coincidences, collecting dozens of true stories and witness reports proving how incredibly powerful such coincidences really are.

In this book he teaches us how to tell them apart from the purely coincidental, to identify their specific traits and to confidently interpret them. For the more we open our hearts and our minds the more coincidences will light our way, showing us our true purpose on Earth.

COINCIDENCES ARE THE SIGN FATE IS TRYING TO HELP, PROTECT AND GUIDE US

**MARCO CESATI CASSIN'S BOOKS ON THE POWER OF COINCIDENCES
HAVE SOLD OVER 30.000 COPIES!**

*Everything we wish to accomplish on Earth must first and foremost
be accomplished within our soul.*

MARCO CESATI CASSIN (Milan, 1961) is a writer and research in the field of fate, coincidences and spirituality. He teaches successful lectures and workshops all over Italy. His previous books include *Il ricercatore di emozioni* [The seeker of emotions] (La Lepre, 2011) and, with Sperling & Kupfer, *Non siamo qui per caso* [We're not here by chance] (2012), *I Guardiani della Soglia* [Guardians of the gate] (2013), *Presenze positive* [Positive presences] (2014) and *Conosci il tuo destino* [Know your fate] (2016).

**20.000
COPIES SOLD!**



**BACKLIST
FOREIGN SALES - PRIZES**

NON SIAMO QUI PER CASO We're not here by chance – 2012
Foreign Sales **SERBIA** Publik Praktikum

IGOR SIBALDI

AGENDA DEGLI ANGELI

Diary of angels



Publishing date (first edition): October 9th 2012
 Publishing date (new edition): October 16th 2018
 Pages: 456

A GUIDE TO ACCOMPANY US DAY AFTER DAY ON THE PATH OF UNDERSTANDING AND TRANSFORMATION

We all have an Angel, taught the ancients, a force from the heavens wishing to produce effects on Earth. If only we allowed Angels to intervene at the turning points in our lives (and there are many), they would show us the way, and everything would be so much easier. From today's perspective it sounds like a fairy-tale. In fact it is a bold and deep insight.

The Angels, which the ancients thought of as messengers from the heavens, are actually energies of the universe affecting everything, including our psyche, and with the potential to guide us and change our lives. This day-by-day diary introduces the seventy-two «angels» listed by the Egyptians and the Jews, i.e., in our own language, the seventy-two energetic impulses we can rely on to achieve our goals. Sibaldi details the resources they offer and how to use them for spiritual growth and self-fulfilment.

The *Diary of Angels* can be used as an actual journal and appointment book, but it also leads readers towards two main goals – an in-depth understanding of their inner personality, through the description of the Angel corresponding to their date of birth, and the understanding of the revolutionary change our era expects of us, according to the angelic calendar.

An original pocket diary, organized in days and nights, to jot down both your every-day activities and your night dreams revealing your deepest desires.

A NEW EDITION ENRICHED WITH AN IN-DEPTH INTRODUCTION, TO COMPLEMENT THE BEST-SELLER LIBRO DEGLI ANGELI E DELL'IO CELESTE [THE BOOK OF ANGELS AND OF HEAVENLY SELF]

IN ACCESSIBLE AND THOUGHT-PROVOKING DAY-BY-DAY FORMAT, ALL THE REFLECTIONS AND TEACHINGS WE NEED TO DEVELOP OUR INNER QUALITIES AND FLOURISH.



50.000
COPIES SOLD!

IGOR SIBALDI was born in Milan (where he still lives) in 1957, from a Russian mother and a Tuscan father. He is an author and a scholar in theology, history of religion and literature. Since 1997, with *I maestri invisibili* (Invisible masters), he has begun narrating his personal exploration of «myths and territories of the afterlife».

BACKLIST
FOREIGN SALES - PRIZES

IL CODICE SEGRETO DEL VANGELO The secret code of gospels – 2013
 Foreign Sales SPAIN Luna Forum

LIBRO DEGLI ANGELI E DELL'IO CELESTE
 The book of the angels and of the celestial self – 2007 (new edition 2016)
 Foreign Sales ROMANIA Estetik Media International, SPANISH WORLD RIGHTS Random House Mondadori (Mexico) – non exclusive

MAURIZIO TOMMASINI

LA CHETODIETA

The keto diet

The only Mediterranean version of the ketogenic diet

Publishing date: January 22th 2019

Pages: 224

NEW**THE KETOGENIC POWER OF MEDITERRANEAN FOOD FOR A QUICK AND HEALTHY WEIGHT LOSS**

START SHEDDING POUNDS RIGHT AWAY WITHOUT GOING HUNGRY, IN A HEALTHY AND SAFE WAY, WORKING SELECTIVELY ON FAT TISSUE AND PROTECTING YOUR MUSCLES – THESE ARE JUST A FEW OF THE GOALS YOU CAN ACHIEVE THANKS TO THIS BOOK.

The keto diet is that rare exception in the field of diets – a diet that was scientifically tested, has been prescribed for hundreds of thousands of patients and was then adopted by many Hollywood stars and world-class athletes. Originally designed as a cure for diabetes and epilepsy, it immediately showed a powerful side effect – a swift and permanent loss of excess fat. Its breakthrough discovery is that fats (selectively chosen; fish, extra virgin olive oil, nuts) are not the enemy but the greatest of allies. And by limiting the intake of sugar we force our metabolism to draw the energy it needs from fat stores, thus quickly getting rid of extra pounds through the ketosis state. With the bonus of an almost complete loss of the sense of hunger, making it that much easier to avoid binging and relapses!

But there exist different types of ketogenic diets. **The keto diet devised by doctor Tommasini is twice as effective and revolutionary**, as it compounds the fat burning power of ketogenics to the benefits of the Mediterranean diet, with its emphasis on vegetables.

Doctor Tommasini's diet is easy to follow, varied, based on ingredients from the Mediterranean tradition, and comes with a plan of delicious recipes that are easy to prepare and satisfying for the palate.

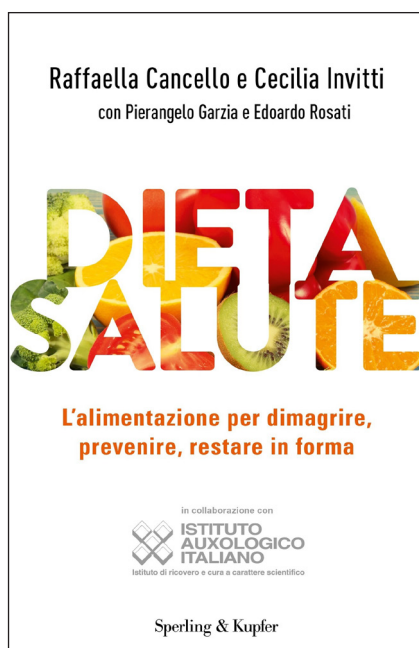
It is also beneficial for a wide range of blood parameters, diseases such as Type 2 diabetes, cardiovascular diseases and headache, and helps keep you alert and focused – one of the many reasons it is the diet of choice for so many athletes looking to improve their performance.

**THE MEDITERRANEAN KETO DIET RESETS YOUR METABOLISM,
ELIMINATES HUNGER AND SCULPTS YOUR BODY
THROUGH A COMPLETE PLAN OF MENUS AND DELICIOUS RECIPES.**

**FINALLY A DIET ALLOWING YOU TO EAT REAL FOOD
(NO MORE AWKWARDNESS AT DINNERS WITH FRIENDS!)
AND THAT WILL MAKE THOSE EXTRA POUNDS DISAPPEAR!**

MAURIZIO TOMMASINI, is a nutritional biologist with a vast experience in the use of the keto diet for weight loss, the treatment of disease and the improvement of athletes' performance. He complements his medical profession with a mission to inform the public on health and nutrition through a blog with over 1 million visualizations a year.

www.mauriziotommasini.it



Publishing date: April 9th 2019
Pages: 240

NEW

RAFFAELLA CANCELLO, CECILIA INVITTI

with Pierangelo Garzia and Edoardo Rosati

LA DIETA SALUTE

The healthy diet

Lose weight, prevent diseases and keep fit with food

A BEACON OF SCIENTIFIC LIGHT FINALLY BREAKING THROUGH THE CONTRADICTIONARY PLETHORA OF FOOD RECOMMENDATIONS AND FAD DIETS

A STRAIGHTFORWARD BOOK WITH DEFINITIVE ANSWERS ON THE MOST DEBATED ISSUES IN THE FIELD

AN AUTHORITATIVE VOICE EXPLAINING WHAT FOOD TO CHOOSE TO LOSE WEIGHT, PREVENT DISEASE AND KEEP FIT

We eat three times a day, absorbing substances and nutrients that determine our weight, our mood and health. Chosen wisely food is actually a medicine, both preventative and therapeutic.

In this book, two specialists from the authoritative Auxological Institute, a medical center of excellence in the treatment of obesity and metabolic disease, teach us to protect our health, achieve our target weight and prevent disease through food.

Supported by the latest scientific discoveries, dismantling all fads and myths, the ultimate truth on the effects of food and a balanced diet plan to eat well and make the right choices for lasting health and wellbeing.

FINALLY, ALL THE TRUTH AND NOTHING BUT THE TRUTH ON FOOD FROM ACKNOWLEDGED SCIENTIFIC SOURCES

A BOOK EXPLAINING ALL THE DO'S AND DON'TS ON FOOD, DIETS AND EATING HABITS

The most common mistakes in food choices:

«I eat so little and still I keep gaining weight!»

Truth and lies:

Is it true that carbs are fattening and are dairy products really carcinogenic?

The role of the bowels in weight loss:

The right food choices for our microbiome

Is «green» a synonym for «healthy»?

Are vegetarian and vegan diets good or bad for you?
Are they harmful for children?

CECILIA INVITTI, MD, is a specialist in endocrinology and head of the research laboratory on obesity at the Irccs Istituto Auxologico Italiano. For 40 years she has been conducting research on the physiopathology of obesity and correlated disease.

RAFFAELLA CANCELLO is a nutritional biologist with a Ph.d in neurosciences and is a specialist in nutritional sciences at the Irccs Istituto Auxologico Italiano. She is a member of the Italian Obesity Society (SIO) and the Italian association for dieting and clinical nutrition (Adi).

VALERIA CICCOTTI

I DOLCI DI VALE

VALE'S CAKES

Cuisine and creativity

100 easy and quick recipes for delicious cakes



THE RECIPES, TIPS AND COOKING SECRETS OF A BLOGGER WHO CONQUERED THE NET WITH HER EASYGOING AND CREATIVE STYLE IN BOTH WRITING AND COOKING

A DELICIOUS FOUR-COLOR BOOK

Valeria had always loved cooking and baking, especially for her daughters. In 2011 she launched a blog to share the recipes her family loved the most – and to her own surprise she became an immediate hit! Her dishes were easy to make, her ingredients affordable by all, and her personal touch made them unique, so much so that Vale Cucina e Fantasia now boasts a huge following, and Valeria has become an acknowledged Food Influencer!

For this book she has collected 100 recipes from her most viewed pages – those of desserts. From classic baking to ready-to-serve cakes; from cookies to souffles; from Christmas cakes to ice creams.

DESSERTS TO SATISFY ALL TASTES, INCLUDING VEGANS

NOT JUST A RECIPE BOO, BUT A TREASURE TROVE OF PRECIOUS ADVICE, USEFUL TIPS AND DELIGHTFUL PHOTOGRAPHS

VALE'S STATS:

- **3.000 RECIPES**
- **100.000 VISUALIZATIONS FOR DAY**
- **2-3 MILLION DIFFERENT USERS PER MONTH**
- **6-7 MILLION PAGE-VISITS EACH MONTH**
- **930.000 FACEBOOK FOLLOWERS**

VALERIA CICCOTTI launched her blog, *Vale Cucina e Fantasia*, in 2011 on the platform Giallozafferano. it, resulting in a huge success. A cat lover and theatre buff, she lives in Ostia with her husband and their daughters, the very first testers and reviewers of the recipes she creates.

Publishing date: November 6th 2018
Pages: 288



Publishing date: March 19th 2019

Pages: 208

NEW

GIORGIO CALCATERRA, DANIELE OTTAVI LA CORSA PERFETTA

The perfect run

All my secrets to run at the very top of your game

STRATEGIES, TRAINING AND THE RIGHT DIET TO IMPROVE YOUR PERFORMANCE, FROM 10 K TO 100 K.

AN ALMOST «ACCIDENTAL» ULTRARUNNER REVEALS THE BEST PRACTICES HE HAS REFINED IN 36 YEARS OF RUNNING, THROUGH EXPERIENCE AND INSTINCT

A former taxi driver and now the owner of two stores, in the last 36 years Giorgio Calcaterra has embodied the passion for running, having achieved all his outstanding successes just by following his own instinct. He won first place in the 100 k run from Florence to Faenza (The «Passatore» ultra-marathon) for 12 consecutive editions, and one year ran 16 marathons under 2h 20' – an undisputed world record to this day. By listening to his body he taught himself to improve performance and resilience, shorten recovery times and reduce the risk of injuries. For the first time ever in this book he reveals all the secrets (training programs, techniques, diet) that have made him one of the strongest ultra-runners of all times.

RUNNERS CALL HIM «KING GEORGE». CALCATERRA HAS BEEN RUNNING FOR 36 YEARS, WITH NO TRAINERS OR COACHES AND ACHIEVING OUTSTANDING RESULTS AND RECORDS.

GIORGIO CALCATERRA IS A WORLD-CLASS ATHLETE FOR NUMBER OF COMPETITIONS, TOTAL DISTANCE COVERED AND RESULTS ACHIEVED.

«Recently I've gone back to driving my taxi but I've not given up work at my store, so I really don't have a lot of free time on my hands... which is bad! Years ago magazines and newspapers called me Stakhanov... and I must admit the nickname fits me to a T, in both my running and my professional life.»

«The great thing about running is that, well, you can do your own thing – you run where you like and the way you like it.»

«When running a 100 k marathon your head is key, so that's the main thing – you must overcome your fears.»

«I believe that sports should be clean, healthy, and a game. Sports should always be fun.»

GIORGIO CALCATERRA, (Rome 1972) is a marathon and ultra-marathon runner and a 3-time world champion in 100k. In his 36-year career he has set several records. In 2018 he was awarded the Coni medal for outstanding achievements in sports.

DANIELE OTTAVI, (Rome 1971) is an author and screenwriter who collaborated in a number of television and cinema hits. He is an amateur marathon and ultra-marathon runner.



Publishing date: May 15th 2019

Pages: 240

NEW



BACKLIST
FOREIGN SALES - PRIZES

LIZABETH LUCIANI

TURBO INGLESE

Turbo English

Speaking and comprehension skills from day one:

The method to unblock your English conversation

**A STRAIGHTFORWARD GUIDE TO IMMEDIATELY PRACTICE EVERYDAY ENGLISH
IN REAL AND USEFUL CONTEXTS**

**MASTER FLUENCY AND CONFIDENCE IN KEY SITUATIONS
OF YOUR PROFESSIONAL AND PERSONAL LIFE**

If English grammar is so much easier than other grammars, why is it that in courses and schools we spend 90 percent of the time studying its rules in books? And then we find ourselves at a London restaurant or a pharmacy and we're stuck worrying about the correct time tense of verbs more than getting the message across. Or not understanding what the waiter or pharmacist is saying. It's a riddle. But it can be solved. Turbocharge your English skills and forget about the complications of conditionals or tag questions. This handbook by a bilingual author will put your English skills back in the real world, teaching you in just a few straightforward steps how to communicate and comprehend.

**THE AUTHOR, PERFECTLY BILINGUAL, OVERCOMES OBSTACLES
WITH A SIMPLE AND EFFECTIVE METHOD**

**THE BOOK IS SUPPORTED BY EXCELLENT ONLINE AUDIO EXERCISES,
AND THE AUTHOR IS AVAILABLE TO ADJUST THE MATERIAL
FOR A BETTER FIT TO FOREIGN EDITIONS**

LIZABETH LUCIANI has lived in the United States and is perfectly bilingual. She works as a translator and consultant, and for years has been teaching students of all age groups. She speaks five languages. She lives and works in Milan.

INGLESE IN 24 ORE English in 24 hours – 2017

Foreign Sales **FRANCE** Éditions de l'Archipel

GIGI DE PALO, ANNA CHIARA GAMBINI
CI VEDIAMO A CASA

See you at home
 Family life and other wonders



Publishing date: May 22nd 2018
 Pages: 216

THE ROLLERCOASTER OF EVERYDAY LIFE FOR TWO PARENTS COPING WITH FOUR KIDS. THE CHALLENGE AND EXHILARATION OF THEIR IRRESISTIBLE UPS AND DOWNS NARRATED IN A WITTY, DEADPAN STYLE

SPEAKING FROM THE HEART AND WITH MORE THAN A TOUCH OF HUMOR, THE VOICES OF TWO PARENTS RECOUNT THE WONDERS AND CHALLENGES OF FAMILY LIFE. NO PUNCHES PULLED.

The joy of kids jumping in your bed every Sunday morning. The thrill of baby-smell and of a child calmly breathing in its sleep. Your heart pounding as you wait for the results of a pregnancy test. Helpless giggles for a small fart. Your personal rush hour every morning, to give the kids their breakfast and then get them to school on time. For a large family every single day is filled with these and many more ordinary miracles, told by Gigi and Anna Chiara in a lively, deadpan, affectionate style and a good dose of humor. Their love has brought to the world four children (and a fifth, born just as their book was being printed!), and each child has renewed the wonder and challenge of being a parent. As well as the fatigue of putting their relationship to the test, the struggle to make ends meet, the clichés repeated by passersby seeing them walk down the street with their small tribe. *Ci vediamo a casa* [See you at home] is both hilarious and touching, a His and Hers personal journal of intimate detail. A warts-and-all family portrait which won't pretend to provide recipes, because there are none... except for love and the ability to accept the challenge every single day.

*Family life is no bed of roses, that's for sure.
 Still, is there anything better than those odd nights
 when everyone wakes up at the same time,
 for no particular reason, and sits to talk at the kitchen table?
 And after a round of herbal tea with sugar and lemon
 everyone goes back to bed, knowing that in just a few hours
 the race will start all over again.*

Foreign Sales SPAIN Rialp

GIGI DE PALO is chairman of the national Forum of Family associations. Previously he was chairman of Acli in Rome and council member for Family issues, Education and Youth
www.gigidepalo.it

ANNA CHIARA GAMBINI, Gigi's wife, studied architecture at university. Today she juggles three full time jobs, as graphic designer, mother and homemaker.

FRANCESCA VALLA LIBERA I TALENTI DEL TUO BAMBINO

Set your baby's talents free

Identify and foster your child's unique talents

SKILLS, PASSIONS, INTERESTS – HOW TO PROMOTE YOUR CHILD'S SPECIFIC TALENTS

A PRACTICAL AND FASCINATING HANDBOOK FOR PARENTS, GRANDPARENTS, TEACHERS



Publishing date: April 2nd 2019

Pages: 208

NEW

Each child is special and unique. But how do we identify our children's specific talents? What can we do to help them express, cultivate and enjoy their passions?

In this handbook the famous supernanny Francesca teaches us that talents can surface in innumerable different ways if we provide our children with the right guidance. So what are the steps we need to take to encourage our children to experiment and freely express their abilities and inclinations? What words, gestures and attitudes foster self-confidence and spontaneity? What to avoid so as not to burden our child with our own expectations or to project an idea of success stemming from our personal or professional aspirations? A treasure trove of stories, advice and inspiration in a practical and riveting book.

THE TALENTS AND HAPPINESS OF CHILDREN ARE THE FOCUS OF CONTEMPORARY PARENTING STUDIES

Foreign Sales SPAIN Roca Editorial

FRANCESCA VALLA, a well-known television nanny, is a teacher, counselor, author and mother. She teaches seminars and workshops in parenting and collaborates with web channels and companies in projects concerning childhood. She is a testimonial for Save the children.

MATTEO RAMPIN, GIANNI MATTIOLO
CON OCCHI DI TIGRE
 With the eyes of a tiger
 Learning from big cats



Publishing date: September 25th 2018
 Pages: 196

AN ORIGINAL AND FASCINATING BOOK ON PERSONAL GROWTH

HOW TO AVOID MENTAL PITFALLS AND LEARN TO INTERPRET OTHERS. BY STUDYING THE BEHAVIOR AND THE SOCIAL LIFE OF LIONS, TIGERS AND LEOPARDS, WE CAN LEARN TO AVOID MISTAKES AND CONFLICTS

Big cats are masters of instinct and wielders of ancestral power – perhaps that’s why we feel so irresistibly attracted to them. What lessons can be learned by the close observation of their lives? Strength and kindness, courage and fear, fierceness and innocence, play and exploration – all these aspects can teach us invaluable skills to apply in our own lives, resources for our personal growth.

A unique book narrated by two voices: Matteo Rampin – psychiatrist and counselor – and Gianni Mattiolo – manager of a safari park. An intriguing and surprising book rich in enlightening insights on relationships, problem solving, conflict management, communication, the art of listening, negotiation.

THE MORE OUR LIVES BECOME ARTIFICIAL THE MORE CRUCIALLY WE NEED TO RETURN TO NATURE

**FOLLOWING IN THE FOOTSTEPS OF BIG CATS
 TO LEARN TO DEAL WITH OTHERS AND OURSELVES,
 RECOGNIZE OUR WEAKNESSES,
 AVOID FALLING PREY TO OUR BIASES,
 DEVELOP THE ABILITY TO COPE WITH THE UNEXPECTED**

MATTEO RAMPIN, psychiatrist and psychotherapist, specializes in crisis management and problem solving. He collaborates with several agencies in the Ministry of Defense and is a communication and innovation consultant in both the public and private sector. He is personal consultant for international sport coaches, managers, artists and entrepreneurs. He is the author of over thirty books.

GIANNI MATTIOLO, animal trainer, has been working with big cats for years. With his business partner, Giacomo Ferrari, he is the founder of the Tiger Experience safari park in Campolongo, in the province of Venice, where he provides shelter and care for these magnificent animals.

DANIELE VIGANÒ

7 GIORNI PER VOLARE

7 days to fly

A method to make your dreams come true and achieve success

7 LESSONS TO OVERCOME FEARS, FACE CHANGES, EXPRESS YOUR TALENTS, MAKE YOUR ENTREPRENEURIAL DREAM COME TRUE



Publishing date: January 29th 2019

Pages: 192

NEW

Ever thought of fulfilling a dream you'd given up on? Of bringing to life a project you feel passionate about? Of really expressing your talents? It's not easy to act upon an idea, whether entrepreneurial, professional or personal in nature. But Daniele Viganò, manager and motivational speaker, has collected in this book his surefire method to help us all reach our goals.

Daniele's personal story is unique, and a true source of inspiration. His career did not begin in a garage but in a garden where, on a warm summer night, he and a friend decided to embark on a journey that would bear fruit in the most surprising of ways. Fifteen years have passed since then, and Daniele is now CEO of the company of his dreams, and has trained over 150,000 people with his lectures all around Italy and Spain.

Drawing from his rich personal experience he has perfected a method with a practical, straight-forward and reproducible formula; seven lessons to plan our path, seven useful and effective tips to overcome our fears, surround ourselves with the right people, believe in our strengths and focus on our objectives.

Supported by the examples of great inspirational figures and enriched by motivational aphorisms, 7 days to fly teaches us to take off and bring out the best in each and every one of us.

«Daniele is a man of vision,
engaging, dynamic, optimistic and most of all empathic.

He is one of those rare managers
who can assess the value of a company
based on their people
instead of just the bottom line.»

Marco Caradonna, CEO, Carat Italia

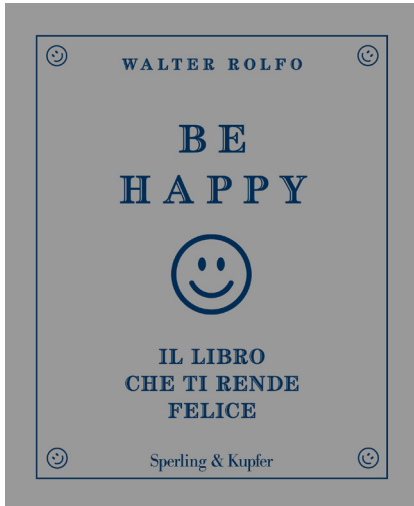
DANIELE VIGANÒ, entrepreneur since 1990 in a wide range of fields, from pharmaceuticals to real estate, from tech to food to entertainment, is the co-founder of MyBest group, operating on the market of the switching economy with over seven million customers between Italy and Spain, and listed on Euronext in Paris. Passionate about training from day one, Daniele believes in the sharing and block-chain economy. His courses have trained over 150,000 people. He is CDA of several companies in Italy and Spain. 7 days to fly is his first book.

WALTER ROLFO

BE HAPPY

Il libro che ti rende felice

The book to make you happy

Publishing date: October 16th 2018

Pages: 532

**A COLLECTION OF INSPIRATIONAL THOUGHTS TO FIND HAPPINESS EVERY DAY
JUST OPEN THE BOOK TO A RANDOM PAGE AND READ A PASSAGE... IT WILL MAKE YOUR DAY!**

What is happiness? How do we reach happiness, in things big and small? Sometimes you just need to find the right answer at the right time to make the right decision, avoid mistakes, find the path to joy and wellbeing. This invaluable book is a collection of brief quotes full of inspiration and wisdom. Each is a spark to guide you on your day, to steer you away from self-defeating choices. Each provides the right words to say to your significant other, to meet the one we've been waiting for, to express your talents.

WISDOM AND INSPIRATION TO FIND OUR TRUE SELVES.

Why do we believe that happiness is a matter of chance, of luck, of fate, and not something we can actually fashion for ourselves? The truth is there is no limit to what we can strengthen through training – our muscles, our imagination, our resilience, and yes, our ability to be happy.

We can nurture and develop our ability to grasp moments and opportunities for happiness, situations to make our dreams come true, to achieve what we need the most. All we need is a reminder. I hope this book will become your travelling companion, always by your side to provide that gentle nudge, that caress, the wink you need to remind you it's time to change your perspective.

Every quote is an answer, a strategy, an inspiration – your first step towards happiness.

Choose to be happy.

Walter Rolfo (from the preface)

THINK ABOUT IT. YOU HAVE NO REASON NOT TO BE HAPPY

DEFEND YOUR UNIQUENESS AT ALL COSTS

CHOOSE. AFTER THAT IT WILL BE A BREEZE

WALTER ROLFO, coach and leading expert in the dynamics of perception, brings together creativity and innovation. Writer, television host and producer for Rai, Mediaset and Sky, with over 1,000 shows under his belt, he is the founder and chairman of Masters of Magic, a consulting agency in the field of management and communications. The corporations he consults for include Coca-Cola, Ferrero, Juventus, Lavazza, Philip Morris, FCA, Bayer, CNH Industrial, GoodYear, Pomellato, HP, Elicor, Robe di Kappa, BNL, Wind. He is coordinator of studies and lecturer in the Master course «Emotions, perceptions and the art of the impossible» at IULM, Free University of Languages and Communication in Milan.

www.walterrolfo.it

LAST BUT NOT LEAST...

RECENT SALES



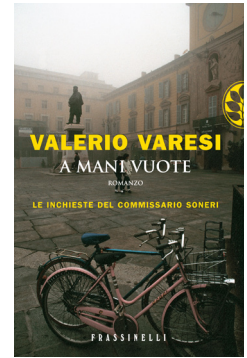
CASATI MODIGNANI
Suite 405



MARIANI
An English girl



D'ORAZIO
But deliver us from evil



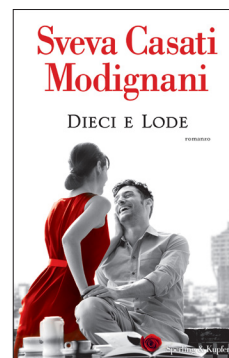
VARESI
Empty-handed



PELIZZENI
Ten miles from happiness



CALABRÒ The bistro of books
and dreams



CASATI MODIGNANI
A plus



CASSAR SCALIA
The second summer



CESATI CASSIN
We're not here by chance



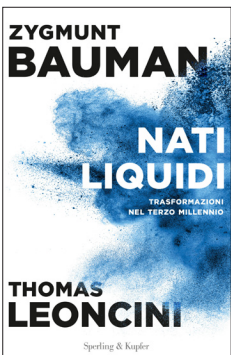
VACCHETTA
Hedgehog heart



DE PALO, GAMBINI
See you at home



VACCHETTA, TOMASELLI
A handful of happiness



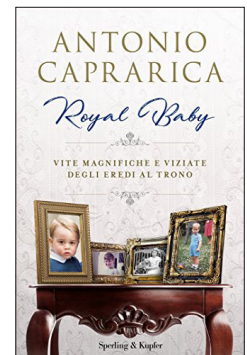
BAUMAN, LEONCINI
Born Liquid



PAGANO
Endless present



MERINI Francis. Canticle of
one creature



CAPRARICA
Royal Baby

FICTION

NON FICTION

FLAVIO PAGANO **INFINITO PRESENTE** Endless present

What is left when memory is gone? A true story of love, Alzheimer's and happiness

A witty memoir about the resilience and the loss of memories, falling into oblivion to then unpredictably resurface, so that everything and everyone are engulfed in a sort of endless present. A book about love, its limits and its amazing capacity of adaptation. An extraordinary journey of discovery into the strongest ties of all, our most primeval fears and basic needs, in search of happiness even in the face of seemingly insurmountable obstacles. – FULL TEXT



MIALE DI MAURO **LA STRADA DEGLI AMERICANI** The American Road

**AN UNSEEN SIDE OF NAPLES IN A NOVEL BASED ON A TRUE STORY.
AN IMPACTFUL RELENTLESS BOOK, RUTHLESSLY INTENSE**

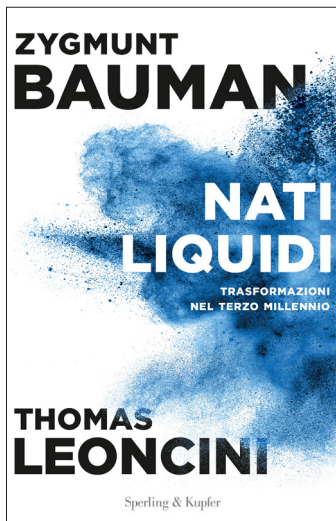
Strada degli Americani is not just a road. It's a crossroads of fates, and the locus for the unraveling of all the book's characters. Set in a never-before explored periphery of Naples, it's a place populated by petty criminals living at the margins even of Camorra, never making it to the inner circles, and by kids that might have led an ordinary life, if only they'd been born on the right side of the tracks and not in an abyss of senseless violence and injustice. In a crescendo of plot twists and suspenseful writing, the book brings to light a tangle of precipitating events the story's characters seem unable to escape. – EXCERPT

MASSIMO VACCHETTA WITH ANTONELLA TOMASELLI **25 GRAMMI DI FELICITA'** A Handful of happiness

**HOW A TINY HEDGEHOG CAN TURN YOUR LIFE AROUND
A TRUE STORY, INSPIRING AND DEEPLY FELT**

In his book, Massimo Vacchetta recounts the extraordinary encounter that helped him overcome a dark time in his life, and gave him new purpose: the creation of a shelter and rehabilitation center for hedgehogs, a species threatened by our carelessness, but whose will to live so strong to be truly contagious. – FULL TEXT





ZYGMUNT BAUMAN, THOMAS LEONCINI NATI LIQUIDI
Born Liquid

THE VERY LAST THOUGHTS OF THE BEST-KNOWN SOCIOLOGIST OF OUR TIME

In his conversation with journalist Thomas Leoncini – sixty years his junior – for the first time ever the famous sociologist and philosopher of Liquid Society deals with generations born after the eighties, the natives of a society in permanent change. They faces here transformations taking place in body (the need of tattoos and cosmetic surgery), in aggressivity (the exasperation of bullying), in sexual and love relationships (more and more unstable), with an eye on the new role of the web in social connections. And the cage of individualism seems governs a desperate search for an illusionary freedom. – FULL TEXT

SVEVA CASATI MODIGNANI, LEONIE

THERE'S NO PLACE LIKE A BEAUTIFUL, ANCIENT VILLA WHERE TO HIDE YOUR SECRETS.

SVEVA CAPTURES HER READERS WITH A SAGA EXTENDING OVER ALMOST A CENTURY AND A HOST OF FASCINATING CHARACTERS.

In a great mansion at the outskirts of Milan, live the Cantonis. Apparently, the family's personalities are straight-forward. In reality, each of them hides secrets and scars. With them, it's a rule: some things, however well-known, are not to be discussed. One day Léonie Tardivaux walks on the scene... – FULL TEXT



COSTANTINO D'ORAZIO MA LIBERACI DAL MALE
But deliver us from evil

A BRILLIANTLY DEvised PLOT, SUSPENDED BETWEEN ART AND FICTION, SPIRITUALITY AND LEGEND

It's the break of dawn, and a young woman is enjoying for the last time the breathtaking beauty of Rome's monuments. In just a few hours she too will don different clothes, take on a new role and, soon enough, a new name, in search for peace in the seclusion of a convent. But contrary to her expectations, within the thick walls of the monastery of the SS Quattro Incoronati Virginia finds herself surrounded by disquieting omens. – EXCERPT



**MARCO NIERI, MARCO MENCAGLI LA TERAPIA
SEGRETA DEGLI ALBERI** The secret therapy of trees

**THE FIRST EVER BOOK ON PLANT BIO-ENERGY, TO LEARN ABOUT IT AND
DISCOVER HOW IT CONDITIONS OUR BODIES.
AND TO FIND OUT HOW TO TAP ITS RESOURCES.**

Through this book you will discover what bioenergetic landscapes are, how to practice forest bathing, what plants purify indoor and outdoor environments, the benefits of negative ions and where to find them, how to recharge your batteries through the contact with nature, which trees are more beneficial to our health and wellbeing – FULL TEXT



**ELISABETTA FLUMERI, GABRIELLA GIACOMETTI
L'AMORE E' UN BACIO DI DAMA** Love is a pastry

A ROMANTIC AND DELICIOUS FEEL-GOOD.

**A CAPTIVATING NOVEL OF LOVE, PASSION AND THE ART OF COOKING,
SKILLFULLY MIXING ALL INGREDIENTS INTO A PERFECT BLEND.**

Margherita is just like her cooking: sunny, lively, and messy. When suddenly everything in her life seems to suddenly fall apart Margherita leaves Rome and her husband and returns to Roccafitta, her small town in Tuscany, to start over. She is welcomed by all the people she loves, alongside all the typical characters of a small town. But there's a newcomer, too: a wealthy and impudent businessman, Nicola Ravelli, cold, cynical and looking for a personal chef... – FULL TEXT

ROBERT PERONI DOVE IL VENTO SOFFIA PIU' FORTE

Where the wind howls loudest - My second life with the people of the ice

**A MAN IN SEARCH OF HIMSELF. A BEAUTIFUL AND HOSTILE LANDSCAPE.
A PEOPLE WHO HAVE LOST EVERYTHING BUT THEIR SENSE OF LIFE.**

**THE STORY OF AN EXTRAORDINARY ENCOUNTER ON THE ICE SHELVES
OF GREENLAND.**

When thirty years ago, Robert Peroni landed in Greenland for another of his record-breaking feats, he was adrift. It was the Inuit - the so-called "Eskimos" – who gave him a new direction. Though for years and years the white man had been depriving them of their dignity, they welcomed Robert as a friend, for it is their belief that every individual is a story unto its own, and solidarity is a duty. Dove il vento grida più forte recounts the encounter with an exceptional people whose only weapon is kindness, living in a marvelous and hostile land where Nature is both a mother and the enemy, a giver of life and death. – EXCERPT

